US HARBORS www.USHarbors.com

Norfolk, VA - Aug 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:43	2.3	5:16	3.2	10:39	0.3			5:13	7:15	
2	Fri	5:49	2.4	6:19	3.3	12:03	0.4	11:43 AM	0.2	5:14	7:14	
3	Sat	6:50	2.6	7:18	3.5	1:00	0.3	12:45	0.1	5:15	7:14	
4	Sun	7:48	2.8	8:15	3.6	1:56	0.2	1:47	0.0	5:16	7:13	
5	Mon	8:44	3.0	9:08	3.7	2:47	0.0	2:46	-0.1	5:17	7:12	
6	Tue	9:38	3.2	9:59	3.7	3:35	-0.1	3:42	-0.1	5:18	7:10	
7	Wed	10:29	3.4	10:49	3.5	4:20	-0.1	4:36	-0.1	5:18	7:09	
8	Thu	11:21	3.5	11:39	3.4	5:05	-0.1	5:32	0.0	5:19	7:08	
9	Fri			12:14	3.6	5:52	-0.1	6:31	0.1	5:20	7:07	
10	Sat	12:31	3.1	1:08	3.5	6:41	0.0	7:33	0.2	5:21	7:06	
11	Sun	1:23	2.9	2:02	3.4	7:33	0.1	8:35	0.4	5:22	7:05	
12	Mon	2:16	2.7	3:00	3.3	8:27	0.2	9:39	0.5	5:23	7:04	
13	Tue	3:14	2.5	4:05	3.2	9:26	0.4	10:44	0.5	5:23	7:03	
14	Wed	4:23	2.4	5:14	3.1	10:28	0.4	11:43	0.5	5:24	7:01	
15	Thu	5:33	2.4	6:13	3.1	11:29	0.5			5:25	7:00	
16	Fri	6:32	2.5	7:03	3.1	12:36	0.5	12:25	0.5	5:26	6:59	
17	Sat	7:22	2.6	7:47	3.2	1:24	0.5	1:17	0.4	5:27	6:58	
18	Sun	8:07	2.8	8:26	3.2	2:07	0.4	2:04	0.4	5:28	6:57	
19	Mon	8:48	2.9	9:03	3.2	2:45	0.4	2:48	0.4	5:28	6:55	
20	Tue	9:25	3.0	9:37	3.2	3:18	0.3	3:27	0.4	5:29	6:54	
21	Wed	10:00	3.1	10:10	3.1	3:48	0.3	4:03	0.4	5:30	6:53	
22	Thu	10:33	3.1	10:43	3.1	4:16	0.3	4:38	0.4	5:31	6:51	
23	Fri	11:05	3.2	11:18	3.0	4:45	0.3	5:14	0.5	5:32	6:50	
24	Sat	11:40	3.2	11:55	2.8	5:14	0.3	5:53	0.5	5:33	6:49	
25	Sun			12:16	3.2	5:48	0.4	6:36	0.6	5:33	6:47	
26	Mon	12:34	2.7	12:57	3.2	6:27	0.4	7:26	0.7	5:34	6:46	
27	Tue	1:18	2.6	1:43	3.2	7:13	0.5	8:22	0.7	5:35	6:45	
28	Wed	2:07	2.5	2:36	3.2	8:06	0.5	9:27	0.7	5:36	6:43	
29	Thu	3:05	2.5	3:40	3.2	9:08	0.5	10:36	0.7	5:37	6:42	
30	Fri	4:17	2.5	4:53	3.3	10:19	0.5	11:40	0.5	5:37	6:40	
31	Sat	5:30	2.7	6:01	3.5	11:28	0.4			5:38	6:39	