US HARBORS www.USHarbors.com

Norfolk, VA - Aug 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:13	3.2	10:37	3.6	4:09	-0.1	4:20	-0.1	5:14	7:15	
2	Fri	11:05	3.3	11:28	3.5	4:55	-0.2	5:14	-0.1	5:15	7:14	
3	Sat	11:58	3.4			5:44	-0.1	6:13	0.0	5:16	7:13	
4	Sun	12:21	3.4	12:53	3.4	6:36	-0.1	7:15	0.1	5:17	7:12	
5	Mon	1:15	3.2	1:49	3.4	7:30	0.0	8:20	0.2	5:18	7:11	
6	Tue	2:11	3.0	2:48	3.3	8:25	0.1	9:25	0.3	5:18	7:10	
7	Wed	3:10	2.8	3:53	3.3	9:23	0.2	10:31	0.3	5:19	7:09	
8	Thu	4:17	2.7	5:02	3.3	10:24	0.2	11:33	0.3	5:20	7:08	
9	Fri	5:26	2.6	6:04	3.3	11:23	0.3			5:21	7:06	
10	Sat	6:25	2.7	6:57	3.3	12:29	0.3	12:19	0.3	5:22	7:05	
11	Sun	7:18	2.8	7:45	3.3	1:21	0.3	1:13	0.3	5:23	7:04	
12	Mon	8:07	2.9	8:28	3.3	2:09	0.3	2:03	0.3	5:23	7:03	
13	Tue	8:51	3.0	9:07	3.3	2:51	0.2	2:48	0.3	5:24	7:02	
14	Wed	9:32	3.0	9:43	3.3	3:29	0.2	3:29	0.3	5:25	7:01	
15	Thu	10:09	3.1	10:18	3.2	4:02	0.2	4:07	0.3	5:26	6:59	
16	Fri	10:45	3.1	10:53	3.1	4:34	0.2	4:44	0.4	5:27	6:58	
17	Sat	11:22	3.1	11:29	3.0	5:05	0.3	5:22	0.4	5:28	6:57	
18	Sun	11:59	3.1			5:36	0.3	6:03	0.5	5:28	6:56	
19	Mon	12:07	2.9	12:37	3.1	6:10	0.4	6:47	0.6	5:29	6:54	
20	Tue	12:47	2.8	1:17	3.0	6:49	0.5	7:35	0.6	5:30	6:53	
21	Wed	1:30	2.7	1:59	3.0	7:32	0.5	8:27	0.6	5:31	6:52	
22	Thu	2:16	2.6	2:47	3.1	8:20	0.5	9:24	0.6	5:32	6:50	
23	Fri	3:09	2.6	3:44	3.1	9:15	0.5	10:26	0.6	5:32	6:49	
24	Sat	4:12	2.6	4:49	3.2	10:18	0.5	11:26	0.5	5:33	6:48	
25	Sun	5:18	2.7	5:51	3.4	11:21	0.4			5:34	6:46	
26	Mon	6:19	2.9	6:48	3.6	12:22	0.4	12:21	0.3	5:35	6:45	
27	Tue	7:15	3.1	7:43	3.7	1:16	0.3	1:21	0.2	5:36	6:44	
28	Wed	8:09	3.3	8:36	3.8	2:08	0.1	2:18	0.1	5:37	6:42	
29	Thu	9:02	3.5	9:27	3.9	2:57	0.0	3:14	0.0	5:37	6:41	
30	Fri	9:53	3.7	10:18	3.8	3:44	-0.1	4:07	-0.1	5:38	6:39	
31	Sat	10:44	3.8	11:08	3.7	4:30	-0.1	5:00	0.0	5:39	6:38	