

Norfolk, VA - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:25	2.9	11:53	3.5	5:27	-0.1	5:27	-0.2	5:49	8:28	
2	Wed			12:21	2.9	6:17	-0.1	6:25	-0.1	5:50	8:28	
3	Thu	12:48	3.4	1:19	3.0	7:09	-0.1	7:27	0.0	5:50	8:28	
4	Fri	1:42	3.2	2:15	3.0	8:00	0.0	8:32	0.1	5:51	8:28	
5	Sat	2:34	2.9	3:10	3.1	8:51	0.0	9:35	0.2	5:51	8:27	
6	Sun	3:26	2.7	4:06	3.0	9:41	0.1	10:39	0.3	5:52	8:27	
7	Mon	4:21	2.5	5:06	3.0	10:32	0.2	11:41	0.3	5:52	8:27	
8	Tue	5:22	2.3	6:06	3.0	11:23	0.2			5:53	8:27	
9	Wed	6:23	2.3	7:00	3.0	12:38	0.3	12:15	0.3	5:53	8:26	
10	Thu	7:17	2.3	7:47	3.0	1:30	0.3	1:04	0.3	5:54	8:26	
11	Fri	8:07	2.3	8:32	3.0	2:19	0.3	1:52	0.3	5:55	8:26	
12	Sat	8:54	2.4	9:14	3.0	3:05	0.3	2:40	0.3	5:55	8:25	
13	Sun	9:38	2.5	9:54	3.0	3:47	0.3	3:26	0.3	5:56	8:25	
14	Mon	10:20	2.5	10:31	3.1	4:24	0.2	4:08	0.3	5:57	8:24	
15	Tue	10:59	2.6	11:07	3.0	4:58	0.2	4:47	0.3	5:57	8:24	
16	Wed	11:36	2.6	11:42	3.0	5:30	0.2	5:24	0.3	5:58	8:23	
17	Thu			12:13	2.7	6:01	0.2	6:03	0.3	5:59	8:23	
18	Fri	12:17	2.9	12:51	2.7	6:33	0.2	6:44	0.3	5:59	8:22	
19	Sat	12:55	2.8	1:29	2.8	7:07	0.2	7:30	0.4	6:00	8:22	
20	Sun	1:34	2.7	2:09	2.9	7:45	0.2	8:21	0.4	6:01	8:21	
21	Mon	2:17	2.6	2:53	3.0	8:27	0.2	9:15	0.4	6:02	8:21	
22	Tue	3:04	2.5	3:41	3.0	9:13	0.2	10:15	0.4	6:02	8:20	
23	Wed	3:57	2.5	4:38	3.1	10:07	0.2	11:21	0.4	6:03	8:19	
24	Thu	5:00	2.4	5:44	3.2	11:07	0.2			6:04	8:18	
25	Fri	6:10	2.4	6:50	3.4	12:27	0.3	12:12	0.2	6:05	8:18	
26	Sat	7:16	2.5	7:53	3.5	1:30	0.2	1:17	0.1	6:05	8:17	
27	Sun	8:19	2.7	8:54	3.6	2:30	0.1	2:20	0.0	6:06	8:16	
28	Mon	9:20	2.8	9:51	3.7	3:27	0.0	3:23	-0.1	6:07	8:15	
29	Tue	10:17	3.0	10:45	3.7	4:19	-0.1	4:22	-0.1	6:08	8:14	
30	Wed	11:11	3.2	11:36	3.6	5:07	-0.1	5:17	-0.1	6:09	8:14	
31	Thu			12:03	3.3	5:52	-0.1	6:12	0.0	6:09	8:13	