

Norfolk, VA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:25	3.4	12:56	3.3	6:38	-0.1	7:09	0.1	6:10	8:12	
2	Sat	1:15	3.1	1:48	3.3	7:25	0.0	8:09	0.2	6:11	8:11	
3	Sun	2:04	2.9	2:38	3.3	8:12	0.1	9:08	0.3	6:12	8:10	
4	Mon	2:52	2.7	3:29	3.2	9:00	0.2	10:08	0.5	6:13	8:09	
5	Tue	3:43	2.5	4:23	3.0	9:50	0.3	11:09	0.5	6:13	8:08	
6	Wed	4:41	2.3	5:25	3.0	10:43	0.4			6:14	8:07	
7	Thu	5:46	2.3	6:27	2.9	12:08	0.6	11:40 AM	0.5	6:15	8:06	
8	Fri	6:48	2.3	7:20	3.0	1:02	0.5	12:35	0.5	6:16	8:05	
9	Sat	7:41	2.4	8:07	3.0	1:51	0.5	1:26	0.5	6:17	8:04	
10	Sun	8:29	2.5	8:49	3.1	2:36	0.5	2:16	0.4	6:18	8:02	
11	Mon	9:13	2.7	9:29	3.2	3:17	0.4	3:03	0.4	6:18	8:01	
12	Tue	9:54	2.8	10:05	3.2	3:54	0.3	3:46	0.3	6:19	8:00	
13	Wed	10:32	2.9	10:40	3.2	4:26	0.3	4:26	0.3	6:20	7:59	
14	Thu	11:07	3.0	11:14	3.2	4:57	0.2	5:04	0.3	6:21	7:58	
15	Fri	11:42	3.1	11:48	3.1	5:26	0.2	5:41	0.3	6:22	7:56	
16	Sat			12:17	3.2	5:56	0.2	6:21	0.4	6:23	7:55	
17	Sun	12:25	3.0	12:55	3.2	6:30	0.2	7:05	0.4	6:23	7:54	
18	Mon	1:05	2.9	1:37	3.3	7:08	0.3	7:56	0.5	6:24	7:53	
19	Tue	1:50	2.8	2:23	3.3	7:52	0.3	8:52	0.5	6:25	7:51	
20	Wed	2:38	2.7	3:14	3.3	8:43	0.3	9:54	0.6	6:26	7:50	
21	Thu	3:33	2.6	4:14	3.3	9:41	0.4	11:03	0.5	6:27	7:49	
22	Fri	4:39	2.5	5:26	3.4	10:49	0.4			6:27	7:48	
23	Sat	5:55	2.6	6:39	3.5	12:12	0.5	12:01	0.3	6:28	7:46	
24	Sun	7:07	2.7	7:44	3.6	1:16	0.4	1:10	0.3	6:29	7:45	
25	Mon	8:10	3.0	8:43	3.7	2:14	0.3	2:14	0.2	6:30	7:44	
26	Tue	9:09	3.2	9:37	3.7	3:07	0.2	3:16	0.1	6:31	7:42	
27	Wed	10:02	3.4	10:27	3.7	3:56	0.1	4:12	0.0	6:32	7:41	
28	Thu	10:52	3.6	11:13	3.6	4:41	0.0	5:04	0.0	6:32	7:39	
29	Fri	11:40	3.7	11:58	3.4	5:22	0.0	5:55	0.1	6:33	7:38	
30	Sat			12:26	3.7	6:04	0.1	6:46	0.3	6:34	7:37	
31	Sun	12:44	3.2	1:13	3.6	6:45	0.2	7:40	0.4	6:35	7:35	