

Norfolk, VA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:51	2.2	3:01	1.9	9:15	0.2	9:17	0.0	7:18	4:59	
2	Fri	3:47	2.3	4:01	1.9	10:20	0.2	10:14	-0.1	7:18	5:00	
3	Sat	4:50	2.5	5:08	1.9	11:24	0.1	11:13	-0.1	7:18	5:01	
4	Sun	5:51	2.6	6:10	1.9			12:25	0.0	7:18	5:01	
5	Mon	6:50	2.8	7:09	2.0	12:11	-0.3	1:24	-0.2	7:18	5:02	
6	Tue	7:47	3.0	8:06	2.2	1:10	-0.4	2:20	-0.3	7:18	5:03	
7	Wed	8:42	3.2	9:02	2.3	2:08	-0.5	3:12	-0.4	7:18	5:04	
8	Thu	9:35	3.2	9:55	2.4	3:05	-0.6	4:01	-0.5	7:18	5:05	
9	Fri	10:26	3.2	10:48	2.5	3:59	-0.6	4:48	-0.5	7:18	5:06	
10	Sat	11:16	3.1	11:41	2.6	4:53	-0.6	5:35	-0.5	7:18	5:07	
11	Sun			12:07	2.9	5:49	-0.5	6:25	-0.5	7:18	5:08	
12	Mon	12:36	2.6	12:58	2.6	6:50	-0.4	7:15	-0.4	7:17	5:09	
13	Tue	1:32	2.6	1:49	2.4	7:53	-0.2	8:06	-0.3	7:17	5:10	
14	Wed	2:27	2.6	2:42	2.1	8:57	-0.1	8:59	-0.3	7:17	5:11	
15	Thu	3:28	2.5	3:41	1.9	10:03	0.0	9:55	-0.2	7:17	5:12	
16	Fri	4:37	2.4	4:48	1.8	11:08	0.0	10:52	-0.1	7:16	5:13	
17	Sat	5:43	2.4	5:52	1.8			12:08	0.1	7:16	5:14	
18	Sun	6:38	2.4	6:47	1.8			1:02	0.0	7:16	5:15	
19	Mon	7:27	2.4	7:37	1.9	12:41	-0.1	1:52	0.0	7:15	5:16	
20	Tue	8:11	2.5	8:23	2.0	1:31	-0.2	2:36	-0.1	7:15	5:17	
21	Wed	8:50	2.5	9:05	2.1	2:17	-0.2	3:14	-0.1	7:14	5:18	
22	Thu	9:26	2.6	9:43	2.1	2:59	-0.2	3:47	-0.2	7:14	5:19	
23	Fri	9:59	2.5	10:19	2.2	3:37	-0.2	4:18	-0.2	7:13	5:20	
24	Sat	10:31	2.5	10:54	2.2	4:13	-0.2	4:47	-0.2	7:13	5:21	
25	Sun	11:04	2.4	11:29	2.2	4:48	-0.2	5:16	-0.2	7:12	5:22	
26	Mon	11:38	2.3			5:25	-0.1	5:47	-0.2	7:11	5:23	
27	Tue	12:05	2.2	12:14	2.2	6:05	-0.1	6:21	-0.2	7:11	5:24	
28	Wed	12:43	2.3	12:53	2.1	6:50	0.0	6:59	-0.1	7:10	5:25	
29	Thu	1:24	2.3	1:35	2.0	7:40	0.1	7:44	-0.1	7:09	5:26	
30	Fri	2:10	2.3	2:24	1.9	8:37	0.1	8:35	-0.1	7:09	5:28	
31	Sat	3:04	2.3	3:22	1.8	9:43	0.1	9:36	-0.1	7:08	5:29	