

Norfolk, VA - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:37	2.6	2:58	2.0	9:18	0.2	9:13	0.0	6:36	5:59	
2	Mon	3:46	2.6	4:12	2.0	10:32	0.2	10:27	0.0	6:34	6:00	
3	Tue	5:05	2.7	5:29	2.1	11:40	0.1	11:40	-0.1	6:33	6:01	
4	Wed	6:15	2.9	6:37	2.4			12:41	0.0	6:32	6:01	
5	Thu	7:16	3.0	7:37	2.6	12:46	-0.3	1:36	-0.2	6:30	6:02	
6	Fri	8:11	3.1	8:32	2.9	1:48	-0.4	2:27	-0.3	6:29	6:03	
7	Sat	9:02	3.2	9:22	3.1	2:46	-0.5	3:13	-0.4	6:27	6:04	
8	Sun	9:49	3.1	10:10	3.2	3:38	-0.5	3:56	-0.4	6:26	6:05	
9	Mon	10:35	3.0	10:57	3.3	4:28	-0.5	4:38	-0.4	6:24	6:06	
10	Tue	11:20	2.8	11:44	3.2	5:17	-0.3	5:21	-0.3	6:23	6:07	
11	Wed			12:05	2.6	6:08	-0.2	6:05	-0.2	6:22	6:08	
12	Thu	12:32	3.0	12:52	2.4	7:02	0.0	6:54	0.0	6:20	6:09	
13	Fri	1:21	2.8	1:40	2.2	7:57	0.2	7:46	0.1	6:19	6:10	
14	Sat	2:12	2.6	2:32	2.1	8:56	0.3	8:43	0.2	6:17	6:11	
15	Sun	3:10	2.4	3:34	2.0	9:59	0.4	9:46	0.3	6:16	6:12	
16	Mon	4:24	2.3	4:48	2.0	11:02	0.4	10:52	0.3	6:14	6:13	
17	Tue	5:36	2.3	5:53	2.1	11:56	0.4	11:51	0.3	6:13	6:13	
18	Wed	6:29	2.4	6:44	2.3			12:42	0.3	6:11	6:14	
19	Thu	7:13	2.5	7:29	2.4	12:43	0.2	1:23	0.3	6:10	6:15	
20	Fri	7:52	2.6	8:09	2.6	1:30	0.1	2:00	0.2	6:08	6:16	
21	Sat	8:28	2.7	8:45	2.8	2:14	0.1	2:34	0.1	6:07	6:17	
22	Sun	9:03	2.7	9:20	2.9	2:54	0.0	3:06	0.0	6:05	6:18	
23	Mon	9:37	2.7	9:53	3.0	3:32	0.0	3:37	0.0	6:04	6:19	
24	Tue	10:10	2.7	10:27	3.0	4:07	0.0	4:07	0.0	6:02	6:20	
25	Wed	10:45	2.6	11:03	3.1	4:43	0.0	4:40	0.0	6:01	6:21	
26	Thu	11:23	2.6	11:44	3.0	5:22	0.0	5:17	0.0	5:59	6:21	
27	Fri			12:06	2.5	6:06	0.1	6:01	0.1	5:58	6:22	
28	Sat	12:30	3.0	12:53	2.4	6:58	0.2	6:53	0.1	5:57	6:23	
29	Sun	1:23	2.9	1:47	2.3	7:58	0.3	7:55	0.2	5:55	6:24	
30	Mon	2:22	2.9	2:48	2.3	9:04	0.3	9:05	0.2	5:54	6:25	
31	Tue	3:31	2.8	4:01	2.4	10:13	0.3	10:21	0.2	5:52	6:26	