

Norfolk, VA - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:04	2.6	8:32	3.4	2:11	0.1	1:58	0.0	5:47	8:18	
2	Tue	8:55	2.6	9:20	3.4	3:04	0.1	2:48	0.1	5:47	8:19	
3	Wed	9:43	2.6	10:05	3.3	3:53	0.1	3:36	0.1	5:46	8:19	
4	Thu	10:29	2.6	10:47	3.2	4:37	0.1	4:21	0.1	5:46	8:20	
5	Fri	11:13	2.6	11:27	3.1	5:18	0.1	5:03	0.2	5:46	8:20	
6	Sat	11:55	2.6			5:58	0.2	5:44	0.2	5:45	8:21	
7	Sun	12:07	3.0	12:39	2.5	6:38	0.2	6:26	0.3	5:45	8:22	
8	Mon	12:48	2.9	1:24	2.5	7:18	0.3	7:12	0.4	5:45	8:22	
9	Tue	1:30	2.8	2:08	2.5	7:59	0.3	8:03	0.5	5:45	8:23	
10	Wed	2:13	2.6	2:51	2.5	8:39	0.4	8:55	0.5	5:45	8:23	
11	Thu	2:56	2.5	3:35	2.6	9:19	0.4	9:50	0.5	5:45	8:24	
12	Fri	3:41	2.4	4:22	2.6	10:00	0.4	10:47	0.5	5:45	8:24	
13	Sat	4:32	2.3	5:14	2.7	10:45	0.4	11:44	0.5	5:45	8:25	
14	Sun	5:30	2.3	6:08	2.9	11:33	0.3			5:45	8:25	
15	Mon	6:27	2.3	6:58	3.0	12:39	0.4	12:22	0.3	5:45	8:25	
16	Tue	7:21	2.3	7:47	3.2	1:31	0.3	1:13	0.2	5:45	8:26	
17	Wed	8:12	2.4	8:37	3.3	2:23	0.2	2:04	0.1	5:45	8:26	
18	Thu	9:04	2.5	9:29	3.4	3:15	0.1	2:58	0.1	5:45	8:26	
19	Fri	9:56	2.6	10:20	3.5	4:05	0.0	3:52	0.0	5:45	8:27	
20	Sat	10:47	2.7	11:11	3.5	4:52	0.0	4:44	-0.1	5:45	8:27	
21	Sun	11:38	2.8			5:40	-0.1	5:37	-0.1	5:46	8:27	
22	Mon	12:03	3.5	12:32	2.9	6:29	-0.1	6:34	0.0	5:46	8:27	
23	Tue	12:57	3.3	1:29	2.9	7:20	-0.1	7:37	0.0	5:46	8:27	
24	Wed	1:51	3.2	2:25	3.0	8:13	0.0	8:42	0.1	5:46	8:28	
25	Thu	2:45	3.0	3:22	3.1	9:05	0.0	9:48	0.2	5:47	8:28	
26	Fri	3:40	2.8	4:21	3.1	9:58	0.0	10:55	0.2	5:47	8:28	
27	Sat	4:40	2.6	5:25	3.2	10:52	0.1	11:59	0.2	5:47	8:28	
28	Sun	5:45	2.4	6:28	3.2	11:47	0.1			5:48	8:28	
29	Mon	6:47	2.4	7:24	3.2	12:59	0.2	12:41	0.1	5:48	8:28	
30	Tue	7:43	2.4	8:15	3.2	1:55	0.2	1:34	0.1	5:49	8:28	