

Norfolk, VA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:35	2.4	9:03	3.2	2:47	0.2	2:26	0.1	5:49	8:28	
2	Thu	9:25	2.5	9:48	3.1	3:36	0.2	3:16	0.2	5:49	8:28	
3	Fri	10:11	2.5	10:28	3.1	4:19	0.1	4:02	0.2	5:50	8:28	
4	Sat	10:53	2.6	11:06	3.0	4:57	0.1	4:44	0.2	5:50	8:28	
5	Sun	11:34	2.6	11:42	3.0	5:33	0.2	5:24	0.2	5:51	8:27	
6	Mon			12:14	2.6	6:07	0.2	6:03	0.3	5:51	8:27	
7	Tue	12:19	2.9	12:53	2.6	6:40	0.2	6:44	0.4	5:52	8:27	
8	Wed	12:57	2.8	1:33	2.6	7:14	0.3	7:29	0.4	5:53	8:27	
9	Thu	1:36	2.6	2:12	2.7	7:49	0.3	8:18	0.5	5:53	8:26	
10	Fri	2:16	2.5	2:51	2.7	8:26	0.3	9:08	0.5	5:54	8:26	
11	Sat	2:58	2.4	3:34	2.8	9:06	0.3	10:01	0.5	5:54	8:26	
12	Sun	3:44	2.3	4:22	2.8	9:51	0.3	11:00	0.5	5:55	8:25	
13	Mon	4:38	2.2	5:19	2.9	10:43	0.3			5:56	8:25	
14	Tue	5:41	2.2	6:19	3.0	12:00	0.4	11:40 AM	0.3	5:56	8:25	
15	Wed	6:44	2.3	7:18	3.2	12:59	0.4	12:39	0.2	5:57	8:24	
16	Thu	7:43	2.4	8:14	3.4	1:55	0.3	1:39	0.1	5:58	8:24	
17	Fri	8:40	2.6	9:10	3.5	2:51	0.1	2:38	0.0	5:58	8:23	
18	Sat	9:36	2.7	10:04	3.6	3:44	0.0	3:37	-0.1	5:59	8:23	
19	Sun	10:30	2.9	10:56	3.6	4:33	-0.1	4:33	-0.1	6:00	8:22	
20	Mon	11:23	3.1	11:47	3.5	5:19	-0.1	5:28	-0.1	6:01	8:21	
21	Tue			12:16	3.2	6:06	-0.2	6:24	-0.1	6:01	8:21	
22	Wed	12:39	3.4	1:10	3.3	6:54	-0.1	7:25	0.0	6:02	8:20	
23	Thu	1:31	3.2	2:05	3.3	7:43	-0.1	8:28	0.1	6:03	8:19	
24	Fri	2:23	2.9	3:00	3.3	8:35	0.0	9:31	0.2	6:04	8:19	
25	Sat	3:16	2.7	3:56	3.3	9:27	0.1	10:36	0.3	6:04	8:18	
26	Sun	4:13	2.5	5:00	3.2	10:22	0.2	11:41	0.4	6:05	8:17	
27	Mon	5:19	2.4	6:07	3.1	11:21	0.2			6:06	8:16	
28	Tue	6:26	2.4	7:07	3.1	12:41	0.4	12:20	0.3	6:07	8:15	
29	Wed	7:26	2.4	8:00	3.1	1:36	0.4	1:16	0.3	6:08	8:15	
30	Thu	8:18	2.5	8:46	3.1	2:28	0.4	2:09	0.3	6:08	8:14	
31	Fri	9:07	2.6	9:29	3.1	3:14	0.3	2:59	0.3	6:09	8:13	