

Norfolk, VA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:51	2.7	10:06	3.1	3:55	0.3	3:44	0.3	6:10	8:12	
2	Sun	10:31	2.8	10:42	3.1	4:30	0.2	4:25	0.3	6:11	8:11	
3	Mon	11:09	2.9	11:15	3.1	5:02	0.2	5:03	0.3	6:12	8:10	
4	Tue	11:44	2.9	11:49	3.0	5:32	0.2	5:40	0.3	6:12	8:09	
5	Wed			12:19	2.9	6:01	0.2	6:17	0.4	6:13	8:08	
6	Thu	12:24	2.9	12:55	3.0	6:30	0.3	6:57	0.5	6:14	8:07	
7	Fri	1:00	2.8	1:31	3.0	7:02	0.3	7:41	0.5	6:15	8:06	
8	Sat	1:39	2.6	2:10	3.0	7:39	0.4	8:29	0.6	6:16	8:05	
9	Sun	2:20	2.5	2:52	3.0	8:20	0.4	9:22	0.6	6:17	8:04	
10	Mon	3:06	2.4	3:41	3.0	9:09	0.4	10:22	0.6	6:17	8:03	
11	Tue	4:00	2.4	4:40	3.1	10:05	0.4	11:28	0.6	6:18	8:02	
12	Wed	5:05	2.4	5:49	3.2	11:10	0.4			6:19	8:00	
13	Thu	6:17	2.4	6:55	3.3	12:32	0.5	12:17	0.3	6:20	7:59	
14	Fri	7:22	2.6	7:56	3.5	1:31	0.4	1:22	0.2	6:21	7:58	
15	Sat	8:22	2.9	8:53	3.7	2:27	0.2	2:25	0.1	6:22	7:57	
16	Sun	9:19	3.1	9:47	3.7	3:20	0.1	3:25	0.0	6:22	7:56	
17	Mon	10:13	3.4	10:38	3.7	4:08	0.0	4:22	-0.1	6:23	7:54	
18	Tue	11:04	3.6	11:27	3.6	4:54	-0.1	5:16	-0.1	6:24	7:53	
19	Wed	11:54	3.7			5:38	-0.1	6:10	0.0	6:25	7:52	
20	Thu	12:16	3.5	12:46	3.7	6:23	-0.1	7:07	0.1	6:26	7:50	
21	Fri	1:06	3.2	1:39	3.7	7:11	0.0	8:08	0.3	6:26	7:49	
22	Sat	1:58	3.0	2:33	3.5	8:02	0.2	9:09	0.4	6:27	7:48	
23	Sun	2:50	2.8	3:28	3.4	8:56	0.3	10:13	0.5	6:28	7:47	
24	Mon	3:47	2.6	4:31	3.2	9:54	0.4	11:18	0.6	6:29	7:45	
25	Tue	4:52	2.5	5:42	3.1	10:56	0.5			6:30	7:44	
26	Wed	6:05	2.5	6:47	3.1	12:19	0.6	12:00	0.5	6:31	7:42	
27	Thu	7:07	2.6	7:39	3.1	1:13	0.6	12:58	0.5	6:31	7:41	
28	Fri	7:59	2.7	8:23	3.2	2:01	0.6	1:51	0.5	6:32	7:40	
29	Sat	8:45	2.9	9:03	3.2	2:44	0.5	2:39	0.5	6:33	7:38	
30	Sun	9:26	3.0	9:39	3.2	3:22	0.4	3:24	0.4	6:34	7:37	
31	Mon	10:04	3.1	10:13	3.2	3:56	0.4	4:04	0.4	6:35	7:35	