

Norfolk, VA - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:09	2.4	4:39	2.9	10:11	0.4	11:26	0.6	6:10	8:12	
2	Sat	5:09	2.3	5:41	3.0	11:09	0.4			6:11	8:11	
3	Sun	6:13	2.4	6:41	3.1	12:25	0.5	12:10	0.3	6:11	8:10	
4	Mon	7:13	2.6	7:37	3.3	1:19	0.4	1:08	0.2	6:12	8:09	
5	Tue	8:08	2.8	8:31	3.5	2:11	0.2	2:06	0.1	6:13	8:08	
6	Wed	9:01	3.0	9:23	3.6	3:02	0.1	3:03	0.0	6:14	8:07	
7	Thu	9:53	3.2	10:13	3.6	3:50	0.0	3:59	-0.1	6:15	8:06	
8	Fri	10:44	3.4	11:03	3.6	4:36	-0.1	4:51	-0.1	6:16	8:05	
9	Sat	11:34	3.6	11:52	3.5	5:21	-0.2	5:44	-0.1	6:16	8:04	
10	Sun			12:26	3.6	6:07	-0.2	6:39	0.0	6:17	8:03	
11	Mon	12:43	3.4	1:20	3.6	6:56	-0.1	7:39	0.1	6:18	8:02	
12	Tue	1:36	3.2	2:15	3.6	7:49	0.0	8:41	0.2	6:19	8:01	
13	Wed	2:31	3.0	3:12	3.5	8:45	0.1	9:45	0.3	6:20	7:59	
14	Thu	3:28	2.8	4:14	3.4	9:44	0.2	10:51	0.4	6:21	7:58	
15	Fri	4:31	2.7	5:23	3.3	10:47	0.3	11:55	0.4	6:21	7:57	
16	Sat	5:45	2.6	6:31	3.2	11:52	0.3			6:22	7:56	
17	Sun	6:52	2.7	7:28	3.2	12:53	0.4	12:52	0.3	6:23	7:55	
18	Mon	7:49	2.8	8:17	3.3	1:46	0.4	1:47	0.3	6:24	7:53	
19	Tue	8:38	2.9	9:00	3.3	2:33	0.3	2:39	0.3	6:25	7:52	
20	Wed	9:23	3.0	9:40	3.3	3:16	0.3	3:26	0.3	6:25	7:51	
21	Thu	10:03	3.1	10:16	3.3	3:54	0.3	4:08	0.3	6:26	7:49	
22	Fri	10:40	3.2	10:51	3.2	4:28	0.2	4:46	0.3	6:27	7:48	
23	Sat	11:14	3.2	11:26	3.1	5:00	0.2	5:22	0.4	6:28	7:47	
24	Sun	11:48	3.2			5:30	0.3	5:57	0.4	6:29	7:45	
25	Mon	12:01	3.0	12:22	3.2	6:00	0.3	6:35	0.5	6:30	7:44	
26	Tue	12:38	2.9	12:59	3.2	6:32	0.4	7:15	0.6	6:30	7:43	
27	Wed	1:17	2.8	1:38	3.2	7:09	0.4	8:00	0.6	6:31	7:41	
28	Thu	1:58	2.7	2:20	3.1	7:51	0.5	8:50	0.7	6:32	7:40	
29	Fri	2:43	2.6	3:06	3.1	8:40	0.5	9:46	0.7	6:33	7:39	
30	Sat	3:33	2.6	4:00	3.1	9:35	0.5	10:47	0.7	6:34	7:37	
31	Sun	4:33	2.6	5:03	3.2	10:37	0.5	11:50	0.6	6:34	7:36	