

Norfolk, VA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:46	2.7	10:02	2.7	3:37	-0.2	3:52	-0.2	6:35	5:59	●
2	Tue	10:20	2.7	10:35	2.7	4:13	-0.2	4:23	-0.2	6:34	6:00	●
3	Wed	10:54	2.6	11:09	2.7	4:47	-0.1	4:53	-0.1	6:32	6:01	●
4	Thu	11:29	2.5	11:44	2.6	5:22	0.0	5:25	-0.1	6:31	6:02	●
5	Fri			12:06	2.4	5:59	0.1	5:59	0.0	6:29	6:03	◐
6	Sat	12:21	2.6	12:45	2.3	6:39	0.1	6:39	0.1	6:28	6:04	◐
7	Sun	1:02	2.5	1:26	2.2	7:24	0.2	7:24	0.1	6:27	6:05	◐
8	Mon	1:46	2.5	2:12	2.1	8:15	0.3	8:16	0.2	6:25	6:06	◐
9	Tue	2:36	2.4	3:05	2.1	9:13	0.3	9:15	0.2	6:24	6:07	◐
10	Wed	3:35	2.4	4:09	2.1	10:17	0.3	10:20	0.1	6:22	6:08	◐
11	Thu	4:44	2.5	5:17	2.3	11:18	0.2	11:25	0.0	6:21	6:09	◐
12	Fri	5:49	2.7	6:17	2.5			12:14	0.1	6:19	6:09	◐
13	Sat	6:46	2.9	7:12	2.8	12:26	-0.1	1:07	-0.1	6:18	6:10	○
14	Sun	7:40	3.0	8:04	3.0	1:23	-0.3	1:57	-0.2	6:16	6:11	○
15	Mon	8:31	3.2	8:55	3.3	2:19	-0.4	2:46	-0.3	6:15	6:12	○
16	Tue	9:21	3.2	9:45	3.4	3:12	-0.5	3:32	-0.4	6:13	6:13	○
17	Wed	10:09	3.2	10:34	3.5	4:03	-0.5	4:18	-0.4	6:12	6:14	○
18	Thu	10:58	3.1	11:26	3.5	4:54	-0.4	5:05	-0.4	6:11	6:15	○
19	Fri	11:49	3.0			5:47	-0.3	5:56	-0.3	6:09	6:16	○
20	Sat	12:20	3.3	12:43	2.8	6:45	-0.2	6:53	-0.2	6:08	6:17	○
21	Sun	1:17	3.2	1:38	2.6	7:46	0.0	7:54	0.0	6:06	6:17	○
22	Mon	2:16	3.0	2:38	2.5	8:49	0.1	8:59	0.1	6:05	6:18	○
23	Tue	3:22	2.8	3:46	2.4	9:54	0.2	10:08	0.1	6:03	6:19	◐
24	Wed	4:37	2.7	5:02	2.4	10:57	0.2	11:14	0.1	6:02	6:20	◐
25	Thu	5:44	2.6	6:05	2.5	11:52	0.2			6:00	6:21	◐
26	Fri	6:38	2.7	6:57	2.7	12:13	0.1	12:42	0.2	5:59	6:22	◐
27	Sat	7:24	2.7	7:42	2.8	1:06	0.1	1:26	0.1	5:57	6:23	◐
28	Sun	8:05	2.8	8:22	2.9	1:53	0.1	2:07	0.1	5:56	6:24	◐
29	Mon	8:43	2.8	8:58	3.0	2:36	0.0	2:44	0.1	5:54	6:25	◐
30	Tue	9:18	2.8	9:32	3.0	3:15	0.0	3:17	0.0	5:53	6:25	◐
31	Wed	9:53	2.8	10:05	3.0	3:50	0.0	3:49	0.0	5:51	6:26	●