

Norfolk, VA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:38	2.7	11:45	3.1	5:35	0.2	5:25	0.2	6:10	7:53	
2	Sun			12:15	2.7	6:10	0.2	6:02	0.2	6:09	7:54	
3	Mon	12:23	3.1	12:56	2.7	6:48	0.2	6:44	0.3	6:08	7:55	
4	Tue	1:05	3.0	1:39	2.6	7:31	0.3	7:32	0.3	6:07	7:56	
5	Wed	1:50	3.0	2:26	2.7	8:19	0.3	8:27	0.3	6:06	7:57	
6	Thu	2:40	2.9	3:17	2.7	9:11	0.3	9:28	0.3	6:05	7:58	
7	Fri	3:34	2.9	4:14	2.8	10:06	0.3	10:33	0.3	6:04	7:59	
8	Sat	4:35	2.9	5:18	3.0	11:05	0.2	11:41	0.2	6:03	8:00	
9	Sun	5:42	2.9	6:22	3.2			12:04	0.1	6:02	8:00	
10	Mon	6:47	2.9	7:21	3.4	12:45	0.1	1:00	0.0	6:01	8:01	
11	Tue	7:47	3.0	8:17	3.6	1:46	0.0	1:55	-0.1	6:00	8:02	
12	Wed	8:44	3.1	9:12	3.8	2:45	-0.1	2:50	-0.2	5:59	8:03	
13	Thu	9:39	3.1	10:06	3.8	3:41	-0.2	3:44	-0.2	5:58	8:04	
14	Fri	10:32	3.1	10:58	3.8	4:34	-0.2	4:36	-0.2	5:57	8:05	
15	Sat	11:24	3.1	11:50	3.7	5:25	-0.2	5:27	-0.2	5:56	8:06	
16	Sun			12:17	3.0	6:15	-0.1	6:19	0.0	5:56	8:06	
17	Mon	12:42	3.5	1:11	2.9	7:08	0.0	7:16	0.1	5:55	8:07	
18	Tue	1:36	3.2	2:06	2.8	8:02	0.1	8:16	0.2	5:54	8:08	
19	Wed	2:28	3.0	3:00	2.8	8:55	0.2	9:17	0.3	5:53	8:09	
20	Thu	3:20	2.8	3:55	2.7	9:47	0.3	10:18	0.4	5:53	8:10	
21	Fri	4:14	2.6	4:54	2.7	10:38	0.3	11:19	0.4	5:52	8:10	
22	Sat	5:14	2.5	5:53	2.8	11:28	0.4			5:51	8:11	
23	Sun	6:13	2.5	6:45	2.8	12:15	0.4	12:14	0.3	5:51	8:12	
24	Mon	7:04	2.5	7:30	2.9	1:06	0.4	12:58	0.3	5:50	8:13	
25	Tue	7:50	2.5	8:11	3.0	1:53	0.3	1:40	0.3	5:50	8:13	
26	Wed	8:33	2.5	8:51	3.1	2:38	0.3	2:22	0.3	5:49	8:14	
27	Thu	9:16	2.6	9:29	3.2	3:21	0.2	3:04	0.2	5:49	8:15	
28	Fri	9:56	2.6	10:07	3.2	4:00	0.2	3:45	0.2	5:48	8:16	
29	Sat	10:36	2.7	10:45	3.2	4:37	0.1	4:24	0.2	5:48	8:16	
30	Sun	11:14	2.7	11:22	3.2	5:13	0.1	5:03	0.2	5:47	8:17	
31	Mon	11:54	2.7			5:49	0.1	5:43	0.2	5:47	8:18	