

Norfolk, VA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:02	3.1	12:36	2.7	6:27	0.1	6:26	0.2	5:47	8:18	
2	Wed	12:44	3.1	1:21	2.7	7:10	0.1	7:17	0.2	5:46	8:19	
3	Thu	1:31	3.0	2:09	2.8	7:57	0.1	8:13	0.2	5:46	8:20	
4	Fri	2:20	3.0	2:59	2.9	8:47	0.1	9:13	0.2	5:46	8:20	
5	Sat	3:13	2.9	3:54	3.0	9:40	0.1	10:18	0.2	5:46	8:21	
6	Sun	4:11	2.8	4:55	3.1	10:36	0.1	11:24	0.2	5:45	8:21	
7	Mon	5:16	2.7	6:00	3.2	11:35	0.0			5:45	8:22	
8	Tue	6:23	2.7	7:01	3.4	12:29	0.1	12:34	0.0	5:45	8:22	
9	Wed	7:25	2.8	7:59	3.5	1:31	0.0	1:31	-0.1	5:45	8:23	
10	Thu	8:24	2.8	8:56	3.6	2:30	-0.1	2:29	-0.1	5:45	8:23	
11	Fri	9:22	2.9	9:51	3.6	3:27	-0.1	3:25	-0.2	5:45	8:24	
12	Sat	10:17	2.9	10:43	3.6	4:20	-0.2	4:19	-0.2	5:45	8:24	
13	Sun	11:09	2.9	11:32	3.5	5:08	-0.2	5:11	-0.1	5:45	8:25	
14	Mon	11:59	2.9			5:56	-0.1	6:01	0.0	5:45	8:25	
15	Tue	12:21	3.3	12:50	2.9	6:43	0.0	6:54	0.1	5:45	8:26	
16	Wed	1:09	3.1	1:41	2.8	7:31	0.1	7:50	0.2	5:45	8:26	
17	Thu	1:56	2.9	2:30	2.8	8:18	0.1	8:46	0.3	5:45	8:26	
18	Fri	2:43	2.7	3:17	2.7	9:04	0.2	9:42	0.4	5:45	8:26	
19	Sat	3:29	2.5	4:06	2.7	9:49	0.3	10:38	0.4	5:45	8:27	
20	Sun	4:20	2.4	5:00	2.7	10:34	0.3	11:34	0.4	5:46	8:27	
21	Mon	5:17	2.3	5:55	2.8	11:22	0.3			5:46	8:27	
22	Tue	6:15	2.3	6:46	2.8	12:27	0.4	12:09	0.3	5:46	8:27	
23	Wed	7:08	2.3	7:32	2.9	1:16	0.4	12:56	0.3	5:46	8:28	
24	Thu	7:56	2.4	8:15	3.0	2:03	0.3	1:42	0.3	5:47	8:28	
25	Fri	8:41	2.5	8:58	3.1	2:48	0.2	2:29	0.2	5:47	8:28	
26	Sat	9:26	2.5	9:39	3.2	3:31	0.2	3:15	0.1	5:47	8:28	
27	Sun	10:08	2.6	10:20	3.2	4:10	0.1	3:59	0.1	5:48	8:28	
28	Mon	10:50	2.7	11:00	3.2	4:48	0.0	4:42	0.1	5:48	8:28	
29	Tue	11:31	2.8	11:41	3.2	5:26	0.0	5:26	0.1	5:48	8:28	
30	Wed			12:15	2.9	6:05	0.0	6:12	0.1	5:49	8:28	