

Norfolk, VA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:25	3.2	1:01	2.9	6:47	0.0	7:03	0.1	5:49	8:28	
2	Fri	1:13	3.1	1:50	3.0	7:33	0.0	8:00	0.1	5:50	8:28	
3	Sat	2:03	3.0	2:41	3.1	8:23	0.0	9:01	0.2	5:50	8:28	
4	Sun	2:55	2.9	3:35	3.1	9:16	0.0	10:04	0.2	5:51	8:27	
5	Mon	3:51	2.7	4:36	3.2	10:13	0.0	11:11	0.2	5:51	8:27	
6	Tue	4:55	2.6	5:42	3.3	11:13	0.0			5:52	8:27	
7	Wed	6:04	2.6	6:48	3.3	12:16	0.1	12:15	0.0	5:52	8:27	
8	Thu	7:10	2.6	7:48	3.4	1:18	0.1	1:15	0.0	5:53	8:27	
9	Fri	8:11	2.7	8:44	3.5	2:16	0.0	2:14	-0.1	5:54	8:26	
10	Sat	9:09	2.8	9:38	3.5	3:12	0.0	3:12	-0.1	5:54	8:26	
11	Sun	10:03	2.9	10:27	3.4	4:03	-0.1	4:06	-0.1	5:55	8:26	
12	Mon	10:52	3.0	11:12	3.3	4:49	-0.1	4:55	0.0	5:55	8:25	
13	Tue	11:39	3.0	11:55	3.2	5:32	-0.1	5:42	0.0	5:56	8:25	
14	Wed			12:24	3.0	6:13	0.0	6:29	0.2	5:57	8:24	
15	Thu	12:38	3.0	1:09	2.9	6:53	0.1	7:18	0.3	5:57	8:24	
16	Fri	1:21	2.9	1:53	2.9	7:34	0.2	8:09	0.4	5:58	8:23	
17	Sat	2:04	2.7	2:35	2.8	8:16	0.2	9:00	0.5	5:59	8:23	
18	Sun	2:47	2.5	3:18	2.8	8:57	0.3	9:52	0.5	6:00	8:22	
19	Mon	3:33	2.4	4:05	2.8	9:41	0.4	10:47	0.5	6:00	8:22	
20	Tue	4:24	2.3	4:58	2.8	10:29	0.4	11:43	0.5	6:01	8:21	
21	Wed	5:24	2.3	5:56	2.8	11:21	0.4			6:02	8:20	
22	Thu	6:24	2.3	6:50	2.9	12:36	0.5	12:14	0.4	6:03	8:20	
23	Fri	7:18	2.4	7:39	3.0	1:25	0.4	1:06	0.3	6:03	8:19	
24	Sat	8:07	2.5	8:25	3.1	2:11	0.3	1:57	0.3	6:04	8:18	
25	Sun	8:54	2.7	9:10	3.2	2:56	0.2	2:47	0.2	6:05	8:17	
26	Mon	9:39	2.8	9:54	3.3	3:39	0.1	3:36	0.1	6:06	8:17	
27	Tue	10:24	3.0	10:37	3.4	4:20	0.0	4:23	0.0	6:06	8:16	
28	Wed	11:07	3.1	11:21	3.4	4:59	0.0	5:09	0.0	6:07	8:15	
29	Thu	11:52	3.2			5:39	-0.1	5:57	0.0	6:08	8:14	
30	Fri	12:06	3.3	12:40	3.3	6:22	-0.1	6:49	0.1	6:09	8:13	
31	Sat	12:54	3.2	1:30	3.4	7:09	-0.1	7:46	0.1	6:10	8:12	