

## Norfolk, VA - Sep 1976

| Date |     | High  |     |       |     | Low   |     |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 3:23  | 2.9 | 4:06  | 3.5 | 9:39  | 0.3 | 10:45 | 0.5 | 6:36                                                                                | 7:33 |    |
| 2    | Thu | 4:29  | 2.8 | 5:18  | 3.4 | 10:47 | 0.4 | 11:51 | 0.5 | 6:37                                                                                | 7:32 |    |
| 3    | Fri | 5:45  | 2.9 | 6:29  | 3.4 | 11:55 | 0.4 |       |     | 6:37                                                                                | 7:30 |    |
| 4    | Sat | 6:55  | 3.0 | 7:28  | 3.4 | 12:50 | 0.4 | 12:58 | 0.4 | 6:38                                                                                | 7:29 |    |
| 5    | Sun | 7:53  | 3.1 | 8:18  | 3.4 | 1:43  | 0.4 | 1:55  | 0.4 | 6:39                                                                                | 7:27 |    |
| 6    | Mon | 8:44  | 3.3 | 9:04  | 3.4 | 2:32  | 0.3 | 2:49  | 0.3 | 6:40                                                                                | 7:26 |    |
| 7    | Tue | 9:29  | 3.4 | 9:45  | 3.4 | 3:16  | 0.3 | 3:37  | 0.3 | 6:41                                                                                | 7:24 |    |
| 8    | Wed | 10:10 | 3.4 | 10:23 | 3.4 | 3:56  | 0.3 | 4:20  | 0.3 | 6:41                                                                                | 7:23 |    |
| 9    | Thu | 10:47 | 3.5 | 10:59 | 3.3 | 4:31  | 0.3 | 4:59  | 0.4 | 6:42                                                                                | 7:21 |    |
| 10   | Fri | 11:22 | 3.5 | 11:35 | 3.2 | 5:04  | 0.3 | 5:36  | 0.4 | 6:43                                                                                | 7:20 |    |
| 11   | Sat | 11:57 | 3.4 |       |     | 5:36  | 0.3 | 6:13  | 0.5 | 6:44                                                                                | 7:18 |    |
| 12   | Sun | 12:13 | 3.1 | 12:32 | 3.4 | 6:08  | 0.4 | 6:52  | 0.6 | 6:45                                                                                | 7:17 |   |
| 13   | Mon | 12:52 | 3.0 | 1:11  | 3.3 | 6:43  | 0.5 | 7:35  | 0.7 | 6:46                                                                                | 7:15 |  |
| 14   | Tue | 1:33  | 2.9 | 1:51  | 3.2 | 7:22  | 0.6 | 8:22  | 0.7 | 6:46                                                                                | 7:14 |  |
| 15   | Wed | 2:17  | 2.8 | 2:35  | 3.2 | 8:07  | 0.7 | 9:12  | 0.8 | 6:47                                                                                | 7:12 |  |
| 16   | Thu | 3:03  | 2.7 | 3:23  | 3.1 | 8:59  | 0.7 | 10:07 | 0.8 | 6:48                                                                                | 7:11 |  |
| 17   | Fri | 3:55  | 2.7 | 4:18  | 3.1 | 9:56  | 0.7 | 11:05 | 0.8 | 6:49                                                                                | 7:09 |  |
| 18   | Sat | 4:57  | 2.7 | 5:21  | 3.2 | 10:59 | 0.7 |       |     | 6:50                                                                                | 7:08 |  |
| 19   | Sun | 6:02  | 2.8 | 6:23  | 3.3 | 12:02 | 0.7 | 12:03 | 0.6 | 6:50                                                                                | 7:06 |  |
| 20   | Mon | 6:59  | 3.1 | 7:18  | 3.4 | 12:53 | 0.6 | 1:01  | 0.5 | 6:51                                                                                | 7:05 |  |
| 21   | Tue | 7:51  | 3.3 | 8:09  | 3.6 | 1:41  | 0.4 | 1:57  | 0.3 | 6:52                                                                                | 7:03 |  |
| 22   | Wed | 8:40  | 3.6 | 8:59  | 3.7 | 2:28  | 0.3 | 2:52  | 0.2 | 6:53                                                                                | 7:02 |  |
| 23   | Thu | 9:29  | 3.8 | 9:48  | 3.7 | 3:15  | 0.1 | 3:45  | 0.1 | 6:54                                                                                | 7:00 |  |
| 24   | Fri | 10:18 | 4.0 | 10:37 | 3.7 | 4:01  | 0.0 | 4:36  | 0.1 | 6:54                                                                                | 6:59 |  |
| 25   | Sat | 11:06 | 4.1 | 11:26 | 3.6 | 4:47  | 0.0 | 5:27  | 0.1 | 6:55                                                                                | 6:57 |  |
| 26   | Sun | 11:57 | 4.1 |       |     | 5:33  | 0.0 | 6:19  | 0.1 | 6:56                                                                                | 6:56 |  |
| 27   | Mon | 12:17 | 3.5 | 12:50 | 4.0 | 6:23  | 0.1 | 7:17  | 0.3 | 6:57                                                                                | 6:54 |  |
| 28   | Tue | 1:12  | 3.3 | 1:47  | 3.9 | 7:18  | 0.2 | 8:19  | 0.4 | 6:58                                                                                | 6:53 |  |
| 29   | Wed | 2:10  | 3.2 | 2:47  | 3.7 | 8:20  | 0.3 | 9:22  | 0.5 | 6:59                                                                                | 6:51 |  |
| 30   | Thu | 3:11  | 3.0 | 3:49  | 3.5 | 9:26  | 0.4 | 10:27 | 0.5 | 6:59                                                                                | 6:50 |  |