

Norfolk, VA - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:37	2.7	5:46	2.4	11:51	0.3	11:47	0.2	6:59	4:49	
2	Thu	6:24	2.8	6:33	2.4			12:41	0.3	7:00	4:48	
3	Fri	7:06	2.8	7:17	2.4	12:30	0.1	1:27	0.2	7:01	4:48	
4	Sat	7:46	2.9	8:00	2.4	1:12	0.1	2:10	0.1	7:02	4:48	
5	Sun	8:24	3.0	8:40	2.4	1:53	0.0	2:50	0.1	7:03	4:48	
6	Mon	9:00	3.0	9:19	2.5	2:33	0.0	3:27	0.0	7:04	4:48	
7	Tue	9:36	3.0	9:57	2.5	3:11	0.0	4:02	0.0	7:05	4:48	
8	Wed	10:11	3.0	10:35	2.4	3:47	0.0	4:36	0.0	7:05	4:48	
9	Thu	10:47	3.0	11:14	2.4	4:24	0.0	5:11	0.0	7:06	4:48	
10	Fri	11:25	2.9	11:56	2.4	5:04	0.0	5:49	0.0	7:07	4:49	
11	Sat			12:07	2.8	5:48	0.0	6:32	0.0	7:08	4:49	
12	Sun	12:41	2.4	12:53	2.7	6:39	0.1	7:19	0.0	7:08	4:49	
13	Mon	1:30	2.5	1:42	2.6	7:36	0.1	8:09	-0.1	7:09	4:49	
14	Tue	2:22	2.6	2:36	2.5	8:38	0.1	9:04	-0.1	7:10	4:49	
15	Wed	3:20	2.6	3:36	2.5	9:46	0.1	10:03	-0.2	7:11	4:50	
16	Thu	4:26	2.8	4:44	2.4	10:54	0.0	11:03	-0.2	7:11	4:50	
17	Fri	5:32	3.0	5:50	2.4	11:59	-0.1			7:12	4:50	
18	Sat	6:33	3.1	6:51	2.5	12:02	-0.3	1:00	-0.2	7:12	4:51	
19	Sun	7:30	3.3	7:49	2.6	12:59	-0.4	1:58	-0.3	7:13	4:51	
20	Mon	8:26	3.4	8:46	2.6	1:57	-0.5	2:53	-0.4	7:13	4:52	
21	Tue	9:19	3.4	9:39	2.7	2:52	-0.5	3:44	-0.4	7:14	4:52	
22	Wed	10:09	3.3	10:30	2.7	3:44	-0.5	4:32	-0.4	7:14	4:53	
23	Thu	10:58	3.2	11:22	2.6	4:35	-0.5	5:19	-0.4	7:15	4:53	
24	Fri	11:46	3.0			5:26	-0.3	6:07	-0.3	7:15	4:54	
25	Sat	12:13	2.5	12:34	2.7	6:21	-0.2	6:56	-0.2	7:16	4:54	
26	Sun	1:05	2.4	1:21	2.5	7:18	0.0	7:44	-0.1	7:16	4:55	
27	Mon	1:55	2.4	2:08	2.3	8:15	0.1	8:32	0.0	7:16	4:56	
28	Tue	2:47	2.3	2:58	2.1	9:14	0.2	9:20	0.0	7:17	4:56	
29	Wed	3:43	2.2	3:55	1.9	10:15	0.2	10:11	0.0	7:17	4:57	
30	Thu	4:45	2.2	4:57	1.9	11:13	0.2	11:01	0.0	7:17	4:58	
31	Fri	5:42	2.3	5:54	1.9			12:05	0.1	7:17	4:58	