

Norfolk, VA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:32	2.8	1:53	2.4	7:58	0.0	8:08	-0.1	6:36	5:59	
2	Thu	2:29	2.7	2:51	2.3	9:03	0.0	9:12	-0.1	6:34	6:00	
3	Fri	3:34	2.7	4:00	2.3	10:13	0.0	10:23	-0.1	6:33	6:01	
4	Sat	4:50	2.8	5:16	2.3	11:21	0.0	11:32	-0.2	6:31	6:02	
5	Sun	6:01	2.9	6:24	2.5			12:23	-0.1	6:30	6:02	
6	Mon	7:03	3.0	7:25	2.7	12:36	-0.3	1:21	-0.2	6:29	6:03	
7	Tue	7:59	3.1	8:20	2.9	1:37	-0.4	2:14	-0.3	6:27	6:04	
8	Wed	8:50	3.1	9:10	3.0	2:33	-0.4	3:02	-0.4	6:26	6:05	
9	Thu	9:36	3.1	9:57	3.1	3:24	-0.4	3:46	-0.4	6:24	6:06	
10	Fri	10:20	3.0	10:41	3.1	4:11	-0.4	4:27	-0.3	6:23	6:07	
11	Sat	11:02	2.9	11:23	3.0	4:57	-0.3	5:07	-0.3	6:21	6:08	
12	Sun	11:45	2.8			5:42	-0.2	5:48	-0.1	6:20	6:09	
13	Mon	12:06	2.9	12:28	2.6	6:29	0.0	6:31	0.0	6:19	6:10	
14	Tue	12:50	2.7	1:12	2.4	7:18	0.1	7:16	0.1	6:17	6:11	
15	Wed	1:34	2.6	1:57	2.3	8:08	0.3	8:04	0.2	6:16	6:12	
16	Thu	2:21	2.5	2:47	2.2	9:02	0.4	8:57	0.3	6:14	6:13	
17	Fri	3:15	2.4	3:46	2.1	10:00	0.4	9:57	0.3	6:13	6:14	
18	Sat	4:20	2.3	4:52	2.1	10:57	0.4	10:57	0.3	6:11	6:14	
19	Sun	5:26	2.4	5:52	2.3	11:49	0.4	11:52	0.2	6:10	6:15	
20	Mon	6:20	2.5	6:41	2.4			12:35	0.3	6:08	6:16	
21	Tue	7:05	2.6	7:26	2.6	12:43	0.1	1:18	0.2	6:07	6:17	
22	Wed	7:48	2.7	8:08	2.8	1:31	0.0	1:59	0.1	6:05	6:18	
23	Thu	8:28	2.8	8:48	2.9	2:16	-0.1	2:38	0.0	6:04	6:19	
24	Fri	9:08	2.9	9:27	3.1	2:59	-0.1	3:15	-0.1	6:02	6:20	
25	Sat	9:47	3.0	10:07	3.2	3:41	-0.2	3:52	-0.2	6:01	6:21	
26	Sun	10:27	3.0	10:48	3.2	4:22	-0.2	4:31	-0.2	5:59	6:21	
27	Mon	11:10	2.9	11:33	3.2	5:05	-0.2	5:13	-0.2	5:58	6:22	
28	Tue	11:57	2.8			5:54	-0.1	6:01	-0.1	5:56	6:23	
29	Wed	12:23	3.2	12:48	2.8	6:48	0.0	6:55	0.0	5:55	6:24	
30	Thu	1:17	3.1	1:42	2.7	7:48	0.1	7:57	0.0	5:53	6:25	
31	Fri	2:15	3.0	2:42	2.6	8:51	0.1	9:04	0.1	5:52	6:26	