

## Norfolk, VA - Aug 1978

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 8:35  | 2.6 | 8:54  | 3.1 | 2:38  | 0.3  | 2:26  | 0.3  | 6:10                                                                                | 8:12 |    |
| 2    | Wed | 9:19  | 2.7 | 9:33  | 3.1 | 3:20  | 0.3  | 3:11  | 0.3  | 6:11                                                                                | 8:11 |    |
| 3    | Thu | 9:59  | 2.8 | 10:10 | 3.2 | 3:58  | 0.2  | 3:53  | 0.3  | 6:12                                                                                | 8:10 |    |
| 4    | Fri | 10:37 | 2.9 | 10:45 | 3.2 | 4:32  | 0.2  | 4:32  | 0.2  | 6:12                                                                                | 8:09 |    |
| 5    | Sat | 11:14 | 3.0 | 11:20 | 3.1 | 5:04  | 0.2  | 5:09  | 0.3  | 6:13                                                                                | 8:08 |    |
| 6    | Sun | 11:49 | 3.0 | 11:56 | 3.1 | 5:35  | 0.2  | 5:47  | 0.3  | 6:14                                                                                | 8:07 |    |
| 7    | Mon |       |     | 12:26 | 3.0 | 6:07  | 0.2  | 6:26  | 0.3  | 6:15                                                                                | 8:06 |    |
| 8    | Tue | 12:33 | 3.0 | 1:05  | 3.1 | 6:42  | 0.2  | 7:10  | 0.4  | 6:16                                                                                | 8:05 |    |
| 9    | Wed | 1:14  | 2.9 | 1:46  | 3.1 | 7:22  | 0.2  | 7:59  | 0.4  | 6:17                                                                                | 8:04 |    |
| 10   | Thu | 1:58  | 2.9 | 2:31  | 3.1 | 8:07  | 0.3  | 8:53  | 0.4  | 6:17                                                                                | 8:03 |    |
| 11   | Fri | 2:46  | 2.8 | 3:21  | 3.2 | 8:57  | 0.3  | 9:53  | 0.4  | 6:18                                                                                | 8:01 |    |
| 12   | Sat | 3:40  | 2.7 | 4:19  | 3.2 | 9:54  | 0.3  | 10:58 | 0.4  | 6:19                                                                                | 8:00 |   |
| 13   | Sun | 4:43  | 2.7 | 5:25  | 3.3 | 10:57 | 0.3  |       |      | 6:20                                                                                | 7:59 |  |
| 14   | Mon | 5:53  | 2.7 | 6:33  | 3.5 | 12:04 | 0.3  | 12:04 | 0.2  | 6:21                                                                                | 7:58 |  |
| 15   | Tue | 7:01  | 2.9 | 7:35  | 3.6 | 1:06  | 0.2  | 1:08  | 0.1  | 6:22                                                                                | 7:57 |  |
| 16   | Wed | 8:02  | 3.1 | 8:34  | 3.7 | 2:04  | 0.1  | 2:10  | 0.0  | 6:22                                                                                | 7:55 |  |
| 17   | Thu | 9:01  | 3.3 | 9:30  | 3.8 | 3:00  | 0.0  | 3:11  | -0.1 | 6:23                                                                                | 7:54 |  |
| 18   | Fri | 9:57  | 3.5 | 10:23 | 3.8 | 3:52  | -0.1 | 4:08  | -0.1 | 6:24                                                                                | 7:53 |  |
| 19   | Sat | 10:50 | 3.6 | 11:13 | 3.7 | 4:40  | -0.1 | 5:02  | -0.1 | 6:25                                                                                | 7:52 |  |
| 20   | Sun | 11:40 | 3.6 |       |     | 5:27  | -0.1 | 5:54  | 0.0  | 6:26                                                                                | 7:50 |  |
| 21   | Mon | 12:02 | 3.6 | 12:31 | 3.6 | 6:12  | 0.0  | 6:48  | 0.1  | 6:27                                                                                | 7:49 |  |
| 22   | Tue | 12:51 | 3.4 | 1:22  | 3.5 | 7:00  | 0.1  | 7:44  | 0.3  | 6:27                                                                                | 7:48 |  |
| 23   | Wed | 1:41  | 3.1 | 2:13  | 3.4 | 7:49  | 0.2  | 8:42  | 0.4  | 6:28                                                                                | 7:46 |  |
| 24   | Thu | 2:31  | 2.9 | 3:03  | 3.3 | 8:40  | 0.3  | 9:40  | 0.5  | 6:29                                                                                | 7:45 |  |
| 25   | Fri | 3:22  | 2.8 | 3:56  | 3.1 | 9:32  | 0.4  | 10:39 | 0.6  | 6:30                                                                                | 7:44 |  |
| 26   | Sat | 4:18  | 2.6 | 4:56  | 3.0 | 10:27 | 0.5  | 11:38 | 0.6  | 6:31                                                                                | 7:42 |  |
| 27   | Sun | 5:23  | 2.6 | 6:00  | 3.0 | 11:25 | 0.6  |       |      | 6:31                                                                                | 7:41 |  |
| 28   | Mon | 6:26  | 2.6 | 6:55  | 3.1 | 12:32 | 0.6  | 12:20 | 0.6  | 6:32                                                                                | 7:40 |  |
| 29   | Tue | 7:20  | 2.7 | 7:41  | 3.1 | 1:19  | 0.6  | 1:11  | 0.6  | 6:33                                                                                | 7:38 |  |
| 30   | Wed | 8:06  | 2.9 | 8:23  | 3.2 | 2:03  | 0.5  | 1:59  | 0.5  | 6:34                                                                                | 7:37 |  |
| 31   | Thu | 8:49  | 3.0 | 9:03  | 3.3 | 2:44  | 0.4  | 2:45  | 0.4  | 6:35                                                                                | 7:35 |  |