US HARBORS www.USHarbors.com

Norfolk, VA - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:34	3.5	9:45	3.4	3:18	0.4	3:43	0.4	7:00	6:49	
2	Mon	10:11	3.6	10:24	3.4	3:54	0.3	4:23	0.3	7:01	6:47	
3	Tue	10:48	3.7	11:03	3.4	4:30	0.3	5:03	0.3	7:02	6:46	
4	Wed	11:27	3.8	11:44	3.3	5:06	0.2	5:44	0.3	7:02	6:44	
5	Thu			12:09	3.8	5:45	0.3	6:29	0.4	7:03	6:43	
6	Fri	12:28	3.2	12:56	3.7	6:29	0.3	7:21	0.4	7:04	6:42	
7	Sat	1:18	3.1	1:48	3.7	7:20	0.4	8:19	0.5	7:05	6:40	
8	Sun	2:12	3.1	2:43	3.6	8:19	0.4	9:21	0.5	7:06	6:39	
9	Mon	3:11	3.0	3:44	3.5	9:25	0.5	10:26	0.5	7:07	6:37	
10	Tue	4:17	3.0	4:53	3.5	10:36	0.5	11:30	0.4	7:08	6:36	
11	Wed	5:31	3.1	6:05	3.5	11:48	0.4			7:09	6:34	
12	Thu	6:42	3.3	7:08	3.5	12:30	0.4	12:53	0.4	7:09	6:33	
13	Fri	7:41	3.5	8:04	3.6	1:25	0.2	1:54	0.3	7:10	6:32	
14	Sat	8:35	3.7	8:56	3.6	2:16	0.2	2:51	0.2	7:11	6:30	
15	Sun	9:25	3.8	9:44	3.5	3:05	0.1	3:44	0.1	7:12	6:29	
16	Mon	10:11	3.9	10:30	3.5	3:51	0.1	4:32	0.1	7:13	6:28	
17	Tue	10:55	3.9	11:13	3.4	4:33	0.1	5:17	0.2	7:14	6:26	
18	Wed	11:36	3.8	11:56	3.2	5:14	0.2	6:01	0.3	7:15	6:25	
19	Thu			12:18	3.6	5:54	0.3	6:46	0.4	7:16	6:24	
20	Fri	12:40	3.1	1:00	3.5	6:35	0.4	7:33	0.5	7:17	6:22	
21	Sat	1:26	2.9	1:44	3.3	7:19	0.5	8:23	0.6	7:18	6:21	
22	Sun	2:14	2.8	2:30	3.1	8:09	0.6	9:14	0.7	7:19	6:20	
23	Mon	3:03	2.7	3:18	3.0	9:03	0.7	10:06	0.7	7:20	6:19	
24	Tue	3:57	2.7	4:11	2.9	10:01	0.8	10:58	0.7	7:21	6:17	
25	Wed	4:58	2.7	5:11	2.9	11:02	0.8	11:48	0.6	7:22	6:16	
26	Thu	5:59	2.8	6:11	2.9			12:01	0.7	7:23	6:15	
27	Fri	6:52	2.9	7:02	2.9	12:33	0.6	12:54	0.6	7:23	6:14	
28	Sat	7:36	3.1	7:47	3.0	1:15	0.5	1:43	0.5	7:24	6:13	
29	Sun	7:18	3.3	7:30	3.1	1:56	0.4	1:30	0.4	6:25	5:11	
30	Mon	7:59	3.5	8:13	3.1	1:37	0.3	2:16	0.3	6:26	5:10	
31	Tue	8:40	3.6	8:56	3.2	2:18	0.2	3:00	0.2	6:27	5:09	