

Norfolk, VA - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:21	3.7	9:39	3.2	3:00	0.1	3:43	0.1	6:28	5:08	●
2	Thu	10:04	3.8	10:24	3.1	3:41	0.0	4:27	0.1	6:29	5:07	●
3	Fri	10:50	3.8	11:12	3.1	4:25	0.1	5:15	0.1	6:30	5:06	●
4	Sat	11:39	3.7			5:12	0.1	6:07	0.2	6:32	5:05	◐
5	Sun	12:05	3.0	12:33	3.6	6:07	0.2	7:05	0.2	6:33	5:04	◐
6	Mon	1:02	2.9	1:31	3.4	7:09	0.2	8:06	0.3	6:34	5:03	◐
7	Tue	2:02	2.9	2:31	3.3	8:18	0.3	9:08	0.3	6:35	5:02	◐
8	Wed	3:08	2.9	3:37	3.2	9:29	0.3	10:10	0.2	6:36	5:01	◐
9	Thu	4:21	3.0	4:48	3.1	10:40	0.3	11:08	0.2	6:37	5:00	◐
10	Fri	5:31	3.2	5:51	3.1	11:45	0.2			6:38	5:00	◐
11	Sat	6:29	3.3	6:47	3.1	12:02	0.1	12:44	0.2	6:39	4:59	○
12	Sun	7:21	3.5	7:37	3.1	12:52	0.0	1:39	0.1	6:40	4:58	○
13	Mon	8:08	3.5	8:24	3.0	1:41	0.0	2:30	0.1	6:41	4:57	○
14	Tue	8:52	3.6	9:09	3.0	2:26	0.0	3:16	0.1	6:42	4:56	○
15	Wed	9:33	3.5	9:51	2.9	3:09	0.0	3:58	0.1	6:43	4:56	○
16	Thu	10:12	3.4	10:32	2.8	3:48	0.0	4:38	0.1	6:44	4:55	○
17	Fri	10:49	3.3	11:13	2.7	4:26	0.1	5:18	0.2	6:45	4:54	○
18	Sat	11:28	3.2	11:56	2.6	5:04	0.2	5:59	0.3	6:46	4:54	○
19	Sun			12:09	3.0	5:45	0.3	6:42	0.3	6:47	4:53	◐
20	Mon	12:41	2.5	12:51	2.9	6:30	0.4	7:27	0.4	6:48	4:53	◐
21	Tue	1:27	2.5	1:36	2.7	7:21	0.5	8:13	0.4	6:49	4:52	◐
22	Wed	2:15	2.4	2:22	2.6	8:15	0.5	8:59	0.4	6:50	4:52	◐
23	Thu	3:06	2.4	3:14	2.5	9:14	0.5	9:48	0.4	6:51	4:51	◐
24	Fri	4:03	2.5	4:12	2.5	10:15	0.5	10:38	0.3	6:52	4:51	◐
25	Sat	5:01	2.6	5:10	2.5	11:13	0.4	11:25	0.2	6:53	4:50	◐
26	Sun	5:52	2.8	6:04	2.6			12:07	0.3	6:54	4:50	◐
27	Mon	6:39	3.0	6:53	2.6	12:11	0.1	12:58	0.2	6:55	4:50	◐
28	Tue	7:25	3.2	7:41	2.7	12:58	0.0	1:48	0.0	6:56	4:49	◐
29	Wed	8:11	3.4	8:30	2.8	1:46	-0.1	2:37	-0.1	6:57	4:49	◐
30	Thu	8:58	3.5	9:18	2.8	2:34	-0.2	3:25	-0.2	6:58	4:49	●