

Norfolk, VA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:14	3.2	11:41	2.7	4:51	-0.6	5:37	-0.5	7:18	4:59	
2	Tue			12:07	3.1	5:48	-0.5	6:30	-0.5	7:18	5:00	
3	Wed	12:37	2.6	1:02	2.8	6:49	-0.4	7:25	-0.4	7:18	5:00	
4	Thu	1:35	2.6	1:56	2.6	7:54	-0.3	8:21	-0.3	7:18	5:01	
5	Fri	2:34	2.5	2:53	2.4	8:59	-0.1	9:17	-0.3	7:18	5:02	
6	Sat	3:39	2.5	3:56	2.2	10:07	-0.1	10:15	-0.3	7:18	5:03	
7	Sun	4:50	2.5	5:04	2.1	11:12	-0.1	11:12	-0.2	7:18	5:04	
8	Mon	5:53	2.5	6:04	2.1			12:11	-0.1	7:18	5:05	
9	Tue	6:46	2.6	6:57	2.1	12:05	-0.2	1:05	-0.1	7:18	5:06	
10	Wed	7:33	2.6	7:45	2.1	12:55	-0.3	1:54	-0.1	7:18	5:07	
11	Thu	8:16	2.7	8:29	2.2	1:42	-0.3	2:38	-0.2	7:18	5:08	
12	Fri	8:55	2.7	9:10	2.2	2:26	-0.3	3:18	-0.2	7:17	5:08	
13	Sat	9:30	2.7	9:49	2.2	3:07	-0.3	3:53	-0.2	7:17	5:09	
14	Sun	10:04	2.6	10:26	2.2	3:44	-0.3	4:26	-0.2	7:17	5:10	
15	Mon	10:38	2.6	11:03	2.2	4:19	-0.2	4:58	-0.2	7:17	5:11	
16	Tue	11:13	2.5	11:40	2.2	4:55	-0.2	5:30	-0.2	7:16	5:12	
17	Wed	11:49	2.4			5:32	-0.1	6:04	-0.2	7:16	5:13	
18	Thu	12:18	2.2	12:27	2.3	6:13	-0.1	6:41	-0.1	7:16	5:15	
19	Fri	12:58	2.2	1:07	2.2	6:59	0.0	7:22	-0.1	7:15	5:16	
20	Sat	1:40	2.2	1:51	2.1	7:50	0.0	8:07	-0.1	7:15	5:17	
21	Sun	2:27	2.2	2:40	2.0	8:47	0.1	8:58	-0.1	7:14	5:18	
22	Mon	3:21	2.3	3:38	2.0	9:50	0.1	9:57	-0.2	7:14	5:19	
23	Tue	4:25	2.4	4:45	2.0	10:57	0.0	10:59	-0.2	7:13	5:20	
24	Wed	5:30	2.5	5:51	2.1			12:00	-0.1	7:13	5:21	
25	Thu	6:31	2.8	6:51	2.2	12:00	-0.4	12:59	-0.3	7:12	5:22	
26	Fri	7:28	3.0	7:49	2.4	12:59	-0.5	1:56	-0.4	7:11	5:23	
27	Sat	8:24	3.1	8:45	2.5	1:58	-0.6	2:50	-0.5	7:11	5:24	
28	Sun	9:17	3.2	9:39	2.7	2:54	-0.7	3:39	-0.6	7:10	5:25	
29	Mon	10:08	3.2	10:31	2.8	3:48	-0.7	4:27	-0.7	7:09	5:26	
30	Tue	10:59	3.1	11:23	2.8	4:40	-0.7	5:15	-0.6	7:09	5:27	
31	Wed	11:49	3.0			5:35	-0.6	6:05	-0.6	7:08	5:28	