

Norfolk, VA - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:28	3.0	11:53	3.1	5:19	-0.5	5:37	-0.4	6:36	5:58	
2	Fri			12:17	2.8	6:13	-0.3	6:26	-0.3	6:34	5:59	
3	Sat	12:45	2.9	1:07	2.6	7:10	-0.2	7:17	-0.2	6:33	6:00	
4	Sun	1:37	2.8	1:57	2.4	8:08	0.0	8:11	-0.1	6:32	6:01	
5	Mon	2:30	2.6	2:51	2.2	9:08	0.1	9:07	0.1	6:30	6:02	
6	Tue	3:31	2.4	3:54	2.1	10:10	0.2	10:08	0.1	6:29	6:03	
7	Wed	4:42	2.4	5:03	2.1	11:11	0.3	11:08	0.2	6:28	6:04	
8	Thu	5:46	2.4	6:03	2.2			12:04	0.2	6:26	6:05	
9	Fri	6:38	2.5	6:53	2.3	12:02	0.1	12:52	0.2	6:25	6:06	
10	Sat	7:22	2.5	7:38	2.4	12:52	0.1	1:35	0.1	6:23	6:07	
11	Sun	8:02	2.6	8:19	2.6	1:39	0.0	2:15	0.1	6:22	6:08	
12	Mon	8:39	2.7	8:57	2.7	2:22	-0.1	2:51	0.0	6:20	6:09	
13	Tue	9:14	2.8	9:32	2.8	3:02	-0.1	3:23	-0.1	6:19	6:10	
14	Wed	9:48	2.8	10:06	2.8	3:38	-0.1	3:54	-0.1	6:17	6:11	
15	Thu	10:22	2.8	10:40	2.9	4:13	-0.1	4:25	-0.1	6:16	6:11	
16	Fri	10:57	2.7	11:16	2.9	4:49	-0.1	4:58	-0.1	6:15	6:12	
17	Sat	11:34	2.7	11:55	2.9	5:27	0.0	5:34	0.0	6:13	6:13	
18	Sun			12:15	2.6	6:10	0.0	6:16	0.0	6:12	6:14	
19	Mon	12:39	2.9	1:01	2.5	6:59	0.1	7:06	0.0	6:10	6:15	
20	Tue	1:28	2.8	1:51	2.5	7:55	0.2	8:02	0.1	6:09	6:16	
21	Wed	2:23	2.8	2:49	2.4	8:58	0.2	9:07	0.1	6:07	6:17	
22	Thu	3:27	2.8	3:57	2.4	10:06	0.2	10:18	0.0	6:06	6:18	
23	Fri	4:40	2.9	5:10	2.6	11:13	0.1	11:28	0.0	6:04	6:19	
24	Sat	5:51	3.0	6:17	2.8			12:13	0.0	6:03	6:19	
25	Sun	6:53	3.1	7:17	3.0	12:32	-0.2	1:10	-0.1	6:01	6:20	
26	Mon	7:50	3.2	8:12	3.2	1:33	-0.3	2:03	-0.2	6:00	6:21	
27	Tue	8:43	3.3	9:04	3.4	2:31	-0.4	2:53	-0.3	5:58	6:22	
28	Wed	9:32	3.3	9:53	3.5	3:24	-0.4	3:40	-0.3	5:57	6:23	
29	Thu	10:20	3.2	10:41	3.4	4:13	-0.4	4:24	-0.3	5:55	6:24	
30	Fri	11:06	3.1	11:28	3.3	5:02	-0.3	5:08	-0.2	5:54	6:25	
31	Sat	11:53	2.9			5:52	-0.1	5:54	-0.1	5:52	6:26	