

Norfolk, VA - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:26	2.7	3:04	2.6	8:58	0.4	9:10	0.5	5:47	8:18	
2	Sat	3:11	2.6	3:51	2.6	9:42	0.4	10:05	0.5	5:47	8:19	
3	Sun	4:00	2.5	4:43	2.6	10:28	0.4	11:03	0.5	5:46	8:19	
4	Mon	4:55	2.4	5:38	2.7	11:15	0.4	11:59	0.4	5:46	8:20	
5	Tue	5:54	2.4	6:31	2.8			12:03	0.3	5:46	8:20	
6	Wed	6:48	2.5	7:18	3.0	12:51	0.3	12:50	0.3	5:46	8:21	
7	Thu	7:38	2.5	8:04	3.1	1:41	0.2	1:36	0.2	5:45	8:22	
8	Fri	8:26	2.6	8:49	3.3	2:30	0.1	2:24	0.1	5:45	8:22	
9	Sat	9:14	2.7	9:36	3.4	3:19	0.0	3:13	0.0	5:45	8:23	
10	Sun	10:02	2.8	10:23	3.5	4:06	-0.1	4:01	0.0	5:45	8:23	
11	Mon	10:50	2.9	11:11	3.5	4:51	-0.1	4:49	-0.1	5:45	8:24	
12	Tue	11:39	2.9			5:38	-0.1	5:39	-0.1	5:45	8:24	
13	Wed	12:01	3.5	12:31	2.9	6:26	-0.1	6:33	0.0	5:45	8:24	
14	Thu	12:53	3.4	1:25	3.0	7:19	-0.1	7:33	0.0	5:45	8:25	
15	Fri	1:48	3.3	2:22	3.0	8:14	-0.1	8:37	0.1	5:45	8:25	
16	Sat	2:44	3.1	3:20	3.0	9:10	0.0	9:43	0.1	5:45	8:26	
17	Sun	3:42	2.9	4:21	3.0	10:07	0.0	10:51	0.1	5:45	8:26	
18	Mon	4:45	2.8	5:28	3.1	11:04	0.0	11:56	0.1	5:45	8:26	
19	Tue	5:52	2.7	6:32	3.2			12:01	0.0	5:45	8:27	
20	Wed	6:55	2.7	7:29	3.3	12:57	0.1	12:55	0.0	5:45	8:27	
21	Thu	7:50	2.7	8:20	3.3	1:54	0.1	1:48	0.0	5:46	8:27	
22	Fri	8:42	2.7	9:08	3.3	2:48	0.0	2:39	0.0	5:46	8:27	
23	Sat	9:32	2.7	9:53	3.3	3:37	0.0	3:27	0.0	5:46	8:27	
24	Sun	10:17	2.7	10:34	3.2	4:21	0.0	4:12	0.1	5:46	8:28	
25	Mon	11:00	2.7	11:12	3.1	5:02	0.0	4:54	0.1	5:47	8:28	
26	Tue	11:41	2.7	11:50	3.0	5:40	0.1	5:33	0.2	5:47	8:28	
27	Wed			12:22	2.7	6:16	0.1	6:13	0.2	5:47	8:28	
28	Thu	12:29	2.9	1:04	2.7	6:54	0.2	6:56	0.3	5:48	8:28	
29	Fri	1:09	2.8	1:46	2.6	7:32	0.2	7:42	0.4	5:48	8:28	
30	Sat	1:50	2.7	2:27	2.6	8:11	0.3	8:31	0.4	5:48	8:28	