

Norfolk, VA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:32	2.6	3:09	2.6	8:51	0.3	9:22	0.5	5:49	8:28	
2	Mon	3:16	2.5	3:54	2.7	9:34	0.3	10:16	0.5	5:49	8:28	
3	Tue	4:05	2.4	4:45	2.7	10:20	0.3	11:14	0.4	5:50	8:28	
4	Wed	5:01	2.4	5:41	2.8	11:11	0.3			5:50	8:28	
5	Thu	6:01	2.4	6:36	3.0	12:11	0.4	12:05	0.2	5:51	8:27	
6	Fri	6:58	2.5	7:28	3.2	1:05	0.3	12:58	0.2	5:51	8:27	
7	Sat	7:52	2.6	8:19	3.3	1:58	0.1	1:52	0.1	5:52	8:27	
8	Sun	8:45	2.7	9:11	3.5	2:51	0.0	2:46	0.0	5:53	8:27	
9	Mon	9:38	2.8	10:03	3.6	3:42	-0.1	3:41	-0.1	5:53	8:27	
10	Tue	10:31	3.0	10:54	3.6	4:31	-0.2	4:34	-0.2	5:54	8:26	
11	Wed	11:22	3.1	11:46	3.6	5:19	-0.2	5:27	-0.2	5:54	8:26	
12	Thu			12:15	3.1	6:08	-0.2	6:22	-0.1	5:55	8:25	
13	Fri	12:38	3.5	1:10	3.2	6:59	-0.2	7:22	-0.1	5:56	8:25	
14	Sat	1:33	3.3	2:07	3.2	7:52	-0.1	8:26	0.0	5:56	8:25	
15	Sun	2:28	3.1	3:03	3.2	8:47	-0.1	9:30	0.1	5:57	8:24	
16	Mon	3:24	2.9	4:03	3.2	9:42	0.0	10:36	0.2	5:58	8:24	
17	Tue	4:24	2.7	5:08	3.2	10:39	0.1	11:41	0.2	5:58	8:23	
18	Wed	5:30	2.6	6:14	3.2	11:37	0.1			5:59	8:23	
19	Thu	6:35	2.6	7:12	3.2	12:41	0.2	12:33	0.1	6:00	8:22	
20	Fri	7:32	2.6	8:03	3.2	1:37	0.2	1:27	0.1	6:00	8:21	
21	Sat	8:24	2.6	8:50	3.2	2:29	0.2	2:18	0.2	6:01	8:21	
22	Sun	9:12	2.7	9:33	3.2	3:16	0.2	3:07	0.2	6:02	8:20	
23	Mon	9:57	2.8	10:12	3.2	3:59	0.1	3:52	0.2	6:03	8:19	
24	Tue	10:37	2.8	10:48	3.1	4:37	0.1	4:32	0.2	6:04	8:19	
25	Wed	11:16	2.8	11:24	3.1	5:12	0.1	5:11	0.2	6:04	8:18	
26	Thu	11:54	2.9			5:44	0.1	5:48	0.3	6:05	8:17	
27	Fri	12:00	3.0	12:31	2.8	6:17	0.2	6:27	0.3	6:06	8:16	
28	Sat	12:37	2.9	1:10	2.8	6:50	0.2	7:08	0.4	6:07	8:16	
29	Sun	1:16	2.8	1:49	2.8	7:26	0.3	7:54	0.5	6:07	8:15	
30	Mon	1:56	2.7	2:29	2.9	8:04	0.3	8:43	0.5	6:08	8:14	
31	Tue	2:38	2.6	3:12	2.9	8:47	0.3	9:35	0.5	6:09	8:13	