

Norfolk, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:24	2.5	4:00	2.9	9:34	0.4	10:32	0.5	6:10	8:12	
2	Thu	4:18	2.5	4:56	3.0	10:28	0.3	11:33	0.5	6:11	8:11	
3	Fri	5:20	2.5	5:58	3.1	11:27	0.3			6:11	8:10	
4	Sat	6:24	2.6	6:58	3.3	12:33	0.4	12:28	0.2	6:12	8:09	
5	Sun	7:24	2.7	7:55	3.5	1:30	0.2	1:27	0.1	6:13	8:08	
6	Mon	8:21	2.9	8:50	3.6	2:25	0.1	2:26	0.0	6:14	8:07	
7	Tue	9:17	3.1	9:44	3.7	3:19	0.0	3:24	-0.1	6:15	8:06	
8	Wed	10:12	3.3	10:37	3.8	4:09	-0.1	4:20	-0.1	6:16	8:05	
9	Thu	11:04	3.4	11:28	3.7	4:57	-0.2	5:14	-0.2	6:16	8:04	
10	Fri	11:56	3.5			5:45	-0.2	6:09	-0.1	6:17	8:03	
11	Sat	12:20	3.6	12:50	3.6	6:34	-0.1	7:07	0.0	6:18	8:02	
12	Sun	1:13	3.4	1:46	3.5	7:25	-0.1	8:09	0.1	6:19	8:01	
13	Mon	2:07	3.2	2:42	3.5	8:20	0.0	9:12	0.2	6:20	7:59	
14	Tue	3:02	3.0	3:39	3.4	9:15	0.2	10:16	0.3	6:21	7:58	
15	Wed	4:00	2.8	4:42	3.3	10:13	0.3	11:20	0.4	6:21	7:57	
16	Thu	5:06	2.7	5:51	3.2	11:13	0.3			6:22	7:56	
17	Fri	6:14	2.7	6:52	3.2	12:21	0.4	12:12	0.4	6:23	7:55	
18	Sat	7:13	2.7	7:43	3.2	1:15	0.4	1:07	0.4	6:24	7:53	
19	Sun	8:04	2.8	8:28	3.2	2:05	0.4	1:58	0.4	6:25	7:52	
20	Mon	8:50	2.9	9:09	3.3	2:50	0.3	2:46	0.4	6:26	7:51	
21	Tue	9:33	3.0	9:47	3.3	3:31	0.3	3:30	0.3	6:26	7:49	
22	Wed	10:12	3.1	10:22	3.3	4:07	0.3	4:11	0.3	6:27	7:48	
23	Thu	10:49	3.2	10:57	3.2	4:40	0.3	4:48	0.3	6:28	7:47	
24	Fri	11:23	3.2	11:31	3.2	5:11	0.3	5:24	0.4	6:29	7:45	
25	Sat	11:58	3.2			5:41	0.3	6:00	0.4	6:30	7:44	
26	Sun	12:06	3.1	12:34	3.2	6:11	0.3	6:38	0.5	6:30	7:43	
27	Mon	12:43	3.0	1:11	3.2	6:45	0.4	7:21	0.5	6:31	7:41	
28	Tue	1:23	2.9	1:51	3.2	7:23	0.4	8:08	0.6	6:32	7:40	
29	Wed	2:06	2.8	2:35	3.2	8:08	0.5	9:00	0.6	6:33	7:39	
30	Thu	2:53	2.8	3:24	3.2	8:58	0.5	9:58	0.6	6:34	7:37	
31	Fri	3:46	2.7	4:21	3.3	9:55	0.5	11:02	0.6	6:34	7:36	