

Norfolk, VA - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:39	3.0	6:12	3.5	11:52	0.5			7:00	6:49	
2	Tue	6:46	3.2	7:15	3.7	12:41	0.4	12:58	0.3	7:00	6:48	
3	Wed	7:46	3.5	8:12	3.8	1:37	0.2	2:00	0.2	7:01	6:46	
4	Thu	8:41	3.8	9:07	3.8	2:29	0.1	2:59	0.1	7:02	6:45	
5	Fri	9:35	4.0	9:59	3.8	3:20	0.0	3:55	0.0	7:03	6:43	
6	Sat	10:25	4.1	10:48	3.7	4:08	0.0	4:47	0.0	7:04	6:42	
7	Sun	11:15	4.1	11:37	3.6	4:55	0.0	5:38	0.1	7:05	6:40	
8	Mon			12:03	4.0	5:40	0.1	6:29	0.2	7:06	6:39	
9	Tue	12:27	3.4	12:54	3.8	6:28	0.2	7:24	0.3	7:07	6:38	
10	Wed	1:18	3.2	1:46	3.6	7:19	0.3	8:22	0.5	7:07	6:36	
11	Thu	2:12	3.0	2:38	3.4	8:14	0.5	9:20	0.6	7:08	6:35	
12	Fri	3:06	2.9	3:32	3.2	9:13	0.6	10:19	0.7	7:09	6:33	
13	Sat	4:06	2.8	4:32	3.1	10:14	0.7	11:16	0.7	7:10	6:32	
14	Sun	5:13	2.8	5:37	3.0	11:16	0.7			7:11	6:31	
15	Mon	6:17	2.9	6:35	3.0	12:09	0.7	12:15	0.7	7:12	6:29	
16	Tue	7:09	3.0	7:22	3.1	12:54	0.6	1:06	0.6	7:13	6:28	
17	Wed	7:53	3.1	8:04	3.1	1:36	0.5	1:54	0.6	7:14	6:27	
18	Thu	8:33	3.3	8:43	3.2	2:14	0.5	2:38	0.5	7:15	6:25	
19	Fri	9:10	3.4	9:21	3.2	2:51	0.4	3:20	0.4	7:16	6:24	
20	Sat	9:46	3.5	9:58	3.2	3:27	0.3	4:00	0.4	7:17	6:23	
21	Sun	10:21	3.6	10:35	3.2	4:01	0.3	4:37	0.3	7:17	6:21	
22	Mon	10:56	3.6	11:11	3.1	4:35	0.3	5:14	0.3	7:18	6:20	
23	Tue	11:32	3.6	11:50	3.0	5:09	0.3	5:51	0.4	7:19	6:19	
24	Wed			12:12	3.6	5:45	0.3	6:33	0.4	7:20	6:18	
25	Thu	12:32	3.0	12:55	3.5	6:27	0.4	7:21	0.4	7:21	6:16	
26	Fri	1:19	2.9	1:44	3.5	7:16	0.4	8:16	0.5	7:22	6:15	
27	Sat	2:12	2.9	2:38	3.4	8:14	0.5	9:14	0.5	7:23	6:14	
28	Sun	2:08	2.9	2:36	3.3	8:19	0.5	9:16	0.4	6:24	5:13	
29	Mon	3:12	2.9	3:42	3.3	9:30	0.5	10:19	0.3	6:25	5:12	
30	Tue	4:23	3.0	4:52	3.3	10:42	0.4	11:18	0.2	6:26	5:11	
31	Wed	5:31	3.2	5:56	3.3	11:48	0.3			6:27	5:09	