

Norfolk, VA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:31	3.5	6:54	3.4	12:13	0.1	12:49	0.1	6:28	5:08	
2	Fri	7:26	3.7	7:48	3.4	1:05	0.0	1:47	0.0	6:29	5:07	
3	Sat	8:18	3.9	8:40	3.4	1:56	-0.1	2:42	0.0	6:30	5:06	
4	Sun	9:08	3.9	9:29	3.3	2:45	-0.1	3:33	0.0	6:31	5:05	
5	Mon	9:55	3.9	10:16	3.2	3:32	-0.1	4:21	0.0	6:32	5:04	
6	Tue	10:41	3.8	11:04	3.1	4:16	0.0	5:09	0.1	6:33	5:03	
7	Wed	11:27	3.6	11:53	2.9	5:01	0.1	5:58	0.2	6:34	5:02	
8	Thu			12:15	3.4	5:49	0.2	6:50	0.3	6:35	5:02	
9	Fri	12:44	2.8	1:03	3.2	6:41	0.4	7:43	0.4	6:36	5:01	
10	Sat	1:35	2.7	1:51	3.0	7:36	0.5	8:36	0.5	6:37	5:00	
11	Sun	2:28	2.6	2:41	2.8	8:34	0.6	9:28	0.5	6:38	4:59	
12	Mon	3:26	2.6	3:38	2.7	9:35	0.6	10:19	0.5	6:39	4:58	
13	Tue	4:29	2.6	4:39	2.6	10:35	0.6	11:05	0.5	6:41	4:57	
14	Wed	5:26	2.7	5:34	2.6	11:30	0.5	11:48	0.4	6:42	4:57	
15	Thu	6:13	2.9	6:22	2.7			12:19	0.5	6:43	4:56	
16	Fri	6:55	3.0	7:05	2.7	12:28	0.3	1:06	0.4	6:44	4:55	
17	Sat	7:35	3.1	7:46	2.8	1:08	0.2	1:51	0.3	6:45	4:55	
18	Sun	8:13	3.3	8:27	2.8	1:48	0.1	2:33	0.2	6:46	4:54	
19	Mon	8:52	3.4	9:07	2.8	2:27	0.1	3:14	0.1	6:47	4:53	
20	Tue	9:30	3.4	9:48	2.8	3:06	0.0	3:53	0.1	6:48	4:53	
21	Wed	10:10	3.4	10:30	2.8	3:46	0.0	4:33	0.1	6:49	4:52	
22	Thu	10:52	3.4	11:15	2.7	4:27	0.0	5:17	0.1	6:50	4:52	
23	Fri	11:38	3.3			5:11	0.0	6:05	0.1	6:51	4:51	
24	Sat	12:04	2.7	12:29	3.3	6:03	0.1	6:59	0.1	6:52	4:51	
25	Sun	12:59	2.7	1:23	3.1	7:04	0.2	7:56	0.1	6:53	4:50	
26	Mon	1:56	2.7	2:20	3.0	8:10	0.2	8:55	0.1	6:54	4:50	
27	Tue	2:58	2.7	3:22	2.9	9:20	0.2	9:55	0.0	6:55	4:50	
28	Wed	4:07	2.8	4:31	2.8	10:31	0.2	10:54	0.0	6:56	4:49	
29	Thu	5:16	3.0	5:37	2.8	11:37	0.1	11:50	-0.1	6:57	4:49	
30	Fri	6:17	3.2	6:36	2.8			12:38	0.0	6:58	4:49	