

Norfolk, VA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:39	3.0	8:56	2.4	2:07	-0.4	3:05	-0.3	7:18	4:59	
2	Wed	9:23	2.9	9:41	2.4	2:55	-0.4	3:48	-0.3	7:18	4:59	
3	Thu	10:02	2.9	10:23	2.3	3:38	-0.4	4:27	-0.3	7:18	5:00	
4	Fri	10:40	2.8	11:04	2.3	4:19	-0.3	5:05	-0.2	7:18	5:01	
5	Sat	11:18	2.6	11:45	2.2	4:58	-0.2	5:43	-0.2	7:18	5:02	
6	Sun	11:56	2.5			5:39	-0.1	6:21	-0.1	7:18	5:03	
7	Mon	12:28	2.2	12:36	2.4	6:22	0.0	7:00	-0.1	7:18	5:04	
8	Tue	1:10	2.1	1:17	2.2	7:10	0.1	7:40	0.0	7:18	5:05	
9	Wed	1:53	2.1	2:00	2.1	8:01	0.1	8:22	0.0	7:18	5:05	
10	Thu	2:39	2.1	2:47	1.9	8:55	0.2	9:08	0.0	7:18	5:06	
11	Fri	3:30	2.1	3:41	1.9	9:55	0.2	9:59	0.0	7:18	5:07	
12	Sat	4:29	2.2	4:42	1.8	10:55	0.1	10:52	-0.1	7:17	5:08	
13	Sun	5:27	2.3	5:42	1.9	11:52	0.1	11:45	-0.1	7:17	5:09	
14	Mon	6:20	2.5	6:36	2.0			12:45	-0.1	7:17	5:10	
15	Tue	7:10	2.7	7:27	2.1	12:37	-0.3	1:37	-0.2	7:17	5:11	
16	Wed	7:59	2.9	8:18	2.2	1:29	-0.4	2:26	-0.3	7:16	5:12	
17	Thu	8:48	3.0	9:07	2.4	2:21	-0.5	3:13	-0.4	7:16	5:13	
18	Fri	9:35	3.1	9:56	2.5	3:11	-0.6	3:58	-0.5	7:16	5:14	
19	Sat	10:23	3.1	10:45	2.6	4:00	-0.6	4:43	-0.6	7:15	5:15	
20	Sun	11:11	3.1	11:36	2.6	4:51	-0.6	5:30	-0.6	7:15	5:16	
21	Mon			12:02	2.9	5:45	-0.5	6:20	-0.5	7:14	5:17	
22	Tue	12:30	2.6	12:54	2.7	6:44	-0.4	7:13	-0.5	7:14	5:18	
23	Wed	1:26	2.6	1:48	2.5	7:47	-0.3	8:08	-0.4	7:13	5:20	
24	Thu	2:23	2.6	2:44	2.3	8:53	-0.2	9:06	-0.4	7:13	5:21	
25	Fri	3:27	2.5	3:48	2.1	10:02	-0.1	10:06	-0.3	7:12	5:22	
26	Sat	4:40	2.5	4:59	2.0	11:09	-0.1	11:08	-0.3	7:12	5:23	
27	Sun	5:49	2.6	6:04	2.0			12:11	-0.1	7:11	5:24	
28	Mon	6:48	2.6	7:01	2.1	12:06	-0.3	1:08	-0.2	7:10	5:25	
29	Tue	7:39	2.7	7:53	2.2	1:01	-0.3	2:00	-0.2	7:10	5:26	
30	Wed	8:25	2.7	8:40	2.2	1:52	-0.3	2:46	-0.3	7:09	5:27	
31	Thu	9:06	2.7	9:23	2.3	2:40	-0.4	3:27	-0.3	7:08	5:28	