

Norfolk, VA - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:20	2.7	9:37	2.6	3:03	-0.2	3:33	-0.1	6:35	5:59	
2	Sun	9:53	2.7	10:12	2.6	3:40	-0.2	4:04	-0.1	6:33	6:00	
3	Mon	10:26	2.7	10:45	2.6	4:15	-0.2	4:34	-0.1	6:32	6:01	
4	Tue	10:59	2.6	11:19	2.6	4:50	-0.1	5:03	-0.1	6:31	6:02	
5	Wed	11:34	2.5	11:55	2.6	5:25	0.0	5:35	0.0	6:29	6:03	
6	Thu			12:11	2.4	6:03	0.0	6:09	0.0	6:28	6:04	
7	Fri	12:33	2.6	12:50	2.3	6:45	0.1	6:50	0.1	6:26	6:05	
8	Sat	1:14	2.5	1:32	2.2	7:32	0.2	7:36	0.1	6:25	6:06	
9	Sun	1:59	2.5	2:20	2.2	8:26	0.2	8:29	0.1	6:24	6:07	
10	Mon	2:52	2.5	3:16	2.1	9:27	0.3	9:31	0.1	6:22	6:08	
11	Tue	3:57	2.6	4:24	2.2	10:34	0.2	10:39	0.1	6:21	6:09	
12	Wed	5:07	2.7	5:33	2.3	11:37	0.1	11:45	0.0	6:19	6:09	
13	Thu	6:11	2.9	6:34	2.6			12:35	0.0	6:18	6:10	
14	Fri	7:10	3.1	7:31	2.8	12:46	-0.2	1:29	-0.2	6:16	6:11	
15	Sat	8:04	3.2	8:25	3.1	1:46	-0.3	2:21	-0.3	6:15	6:12	
16	Sun	8:57	3.3	9:17	3.3	2:42	-0.5	3:10	-0.4	6:13	6:13	
17	Mon	9:47	3.4	10:08	3.4	3:35	-0.5	3:56	-0.5	6:12	6:14	
18	Tue	10:36	3.3	10:58	3.4	4:27	-0.5	4:43	-0.4	6:10	6:15	
19	Wed	11:26	3.1	11:50	3.4	5:19	-0.4	5:30	-0.4	6:09	6:16	
20	Thu			12:17	2.9	6:15	-0.3	6:22	-0.2	6:08	6:17	
21	Fri	12:44	3.2	1:10	2.7	7:14	-0.1	7:18	-0.1	6:06	6:18	
22	Sat	1:39	3.0	2:04	2.6	8:15	0.1	8:17	0.0	6:05	6:18	
23	Sun	2:38	2.8	3:04	2.4	9:18	0.2	9:19	0.1	6:03	6:19	
24	Mon	3:45	2.7	4:13	2.3	10:22	0.3	10:25	0.2	6:02	6:20	
25	Tue	5:00	2.6	5:24	2.4	11:22	0.3	11:27	0.2	6:00	6:21	
26	Wed	6:03	2.6	6:21	2.5			12:15	0.3	5:59	6:22	
27	Thu	6:53	2.7	7:10	2.6	12:23	0.2	1:02	0.2	5:57	6:23	
28	Fri	7:36	2.7	7:53	2.7	1:13	0.1	1:45	0.2	5:56	6:24	
29	Sat	8:15	2.8	8:32	2.9	1:59	0.1	2:23	0.1	5:54	6:25	
30	Sun	8:51	2.8	9:08	2.9	2:40	0.0	2:58	0.1	5:53	6:25	
31	Mon	9:25	2.8	9:42	3.0	3:18	0.0	3:29	0.1	5:51	6:26	