

Norfolk, VA - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:35	2.8	4:57	2.9	10:39	0.6	11:19	0.5	6:29	5:08	
2	Sun	5:36	2.9	5:52	2.9	11:37	0.5			6:30	5:07	
3	Mon	6:26	3.0	6:37	2.9	12:04	0.4	12:28	0.5	6:31	5:06	
4	Tue	7:08	3.1	7:18	2.9	12:45	0.4	1:15	0.4	6:32	5:05	
5	Wed	7:47	3.3	7:57	2.9	1:24	0.3	1:58	0.4	6:33	5:04	
6	Thu	8:24	3.3	8:35	2.9	2:01	0.3	2:39	0.3	6:34	5:03	
7	Fri	8:59	3.4	9:11	2.9	2:36	0.2	3:17	0.3	6:35	5:02	
8	Sat	9:33	3.4	9:47	2.9	3:10	0.2	3:52	0.3	6:36	5:01	
9	Sun	10:07	3.4	10:24	2.8	3:43	0.2	4:27	0.3	6:37	5:00	
10	Mon	10:42	3.3	11:01	2.7	4:16	0.2	5:03	0.3	6:38	4:59	
11	Tue	11:20	3.3	11:42	2.7	4:51	0.3	5:42	0.3	6:39	4:58	
12	Wed			12:01	3.2	5:32	0.3	6:27	0.4	6:40	4:58	
13	Thu	12:27	2.6	12:48	3.1	6:19	0.4	7:18	0.4	6:41	4:57	
14	Fri	1:17	2.6	1:38	3.1	7:16	0.4	8:12	0.3	6:42	4:56	
15	Sat	2:10	2.6	2:33	3.0	8:19	0.4	9:09	0.3	6:43	4:55	
16	Sun	3:10	2.7	3:35	3.0	9:27	0.4	10:09	0.2	6:44	4:55	
17	Mon	4:17	2.8	4:42	3.0	10:38	0.3	11:06	0.1	6:45	4:54	
18	Tue	5:23	3.1	5:46	3.0	11:43	0.2			6:46	4:54	
19	Wed	6:22	3.3	6:45	3.1	12:01	0.0	12:44	0.0	6:47	4:53	
20	Thu	7:17	3.6	7:40	3.1	12:54	-0.2	1:43	-0.1	6:49	4:52	
21	Fri	8:11	3.7	8:34	3.1	1:47	-0.3	2:39	-0.2	6:50	4:52	
22	Sat	9:03	3.8	9:26	3.1	2:38	-0.3	3:32	-0.2	6:51	4:51	
23	Sun	9:53	3.8	10:17	3.0	3:28	-0.3	4:22	-0.2	6:52	4:51	
24	Mon	10:43	3.7	11:08	2.9	4:17	-0.3	5:13	-0.1	6:53	4:51	
25	Tue	11:34	3.5			5:06	-0.2	6:06	0.0	6:54	4:50	
26	Wed	12:02	2.8	12:25	3.2	6:00	0.0	7:01	0.1	6:55	4:50	
27	Thu	12:57	2.6	1:17	3.0	6:58	0.1	7:56	0.2	6:55	4:50	
28	Fri	1:52	2.5	2:09	2.8	7:58	0.3	8:49	0.2	6:56	4:49	
29	Sat	2:49	2.5	3:02	2.6	9:00	0.4	9:42	0.3	6:57	4:49	
30	Sun	3:51	2.5	4:01	2.4	10:03	0.4	10:33	0.3	6:58	4:49	