

Norfolk, VA - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:06	2.9	10:26	3.3	4:08	0.1	4:05	0.1	6:10	8:12	
2	Wed	10:51	3.0	11:05	3.2	4:48	0.1	4:50	0.2	6:11	8:11	
3	Thu	11:32	3.0	11:42	3.1	5:24	0.1	5:32	0.2	6:12	8:10	
4	Fri			12:12	3.0	5:57	0.2	6:13	0.3	6:13	8:09	
5	Sat	12:18	3.0	12:50	3.0	6:30	0.2	6:55	0.4	6:14	8:08	
6	Sun	12:56	2.8	1:29	3.0	7:03	0.3	7:40	0.5	6:14	8:07	
7	Mon	1:36	2.7	2:08	3.0	7:38	0.4	8:28	0.6	6:15	8:06	
8	Tue	2:16	2.5	2:48	2.9	8:16	0.5	9:18	0.6	6:16	8:04	
9	Wed	2:59	2.4	3:32	2.9	8:58	0.5	10:12	0.7	6:17	8:03	
10	Thu	3:47	2.3	4:23	2.9	9:47	0.6	11:11	0.7	6:18	8:02	
11	Fri	4:45	2.2	5:25	2.9	10:44	0.6			6:19	8:01	
12	Sat	5:51	2.3	6:28	3.0	12:10	0.6	11:46 AM	0.5	6:19	8:00	
13	Sun	6:54	2.4	7:24	3.2	1:04	0.6	12:46	0.5	6:20	7:59	
14	Mon	7:48	2.6	8:14	3.3	1:54	0.5	1:43	0.4	6:21	7:58	
15	Tue	8:39	2.8	9:03	3.5	2:42	0.3	2:38	0.3	6:22	7:56	
16	Wed	9:28	3.0	9:50	3.6	3:27	0.2	3:31	0.1	6:23	7:55	
17	Thu	10:15	3.2	10:36	3.6	4:10	0.1	4:22	0.1	6:24	7:54	
18	Fri	11:01	3.5	11:21	3.5	4:51	0.0	5:12	0.0	6:24	7:53	
19	Sat	11:48	3.6			5:32	-0.1	6:03	0.1	6:25	7:51	
20	Sun	12:08	3.4	12:37	3.7	6:15	0.0	6:57	0.1	6:26	7:50	
21	Mon	12:57	3.2	1:29	3.7	7:02	0.0	7:57	0.3	6:27	7:49	
22	Tue	1:49	3.0	2:23	3.6	7:53	0.1	9:01	0.4	6:28	7:47	
23	Wed	2:44	2.9	3:21	3.5	8:50	0.2	10:07	0.5	6:28	7:46	
24	Thu	3:43	2.7	4:27	3.4	9:52	0.3	11:16	0.5	6:29	7:45	
25	Fri	4:52	2.6	5:44	3.3	11:00	0.4			6:30	7:43	
26	Sat	6:10	2.6	6:54	3.3	12:22	0.5	12:08	0.4	6:31	7:42	
27	Sun	7:17	2.7	7:51	3.3	1:20	0.5	1:12	0.4	6:32	7:41	
28	Mon	8:13	2.9	8:40	3.3	2:13	0.4	2:09	0.4	6:33	7:39	
29	Tue	9:03	3.1	9:23	3.3	3:00	0.4	3:02	0.4	6:33	7:38	
30	Wed	9:48	3.2	10:02	3.3	3:41	0.3	3:50	0.3	6:34	7:36	
31	Thu	10:27	3.3	10:37	3.3	4:17	0.3	4:31	0.4	6:35	7:35	