

Norfolk, VA - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:44	3.4	11:02	2.7	4:14	0.4	5:07	0.5	6:29	5:08	
2	Thu	11:22	3.3	11:43	2.6	4:48	0.4	5:47	0.5	6:30	5:07	
3	Fri			12:03	3.2	5:28	0.5	6:32	0.6	6:31	5:06	
4	Sat	12:28	2.5	12:50	3.1	6:15	0.5	7:23	0.6	6:32	5:05	
5	Sun	1:18	2.5	1:40	3.1	7:12	0.6	8:17	0.5	6:33	5:04	
6	Mon	2:11	2.6	2:34	3.0	8:16	0.6	9:12	0.5	6:34	5:03	
7	Tue	3:11	2.7	3:35	3.0	9:26	0.5	10:08	0.4	6:35	5:02	
8	Wed	4:17	2.9	4:41	3.0	10:36	0.4	11:02	0.2	6:36	5:01	
9	Thu	5:20	3.1	5:43	3.0	11:41	0.3	11:54	0.1	6:37	5:00	
10	Fri	6:17	3.4	6:39	3.1			12:41	0.2	6:38	4:59	
11	Sat	7:10	3.7	7:33	3.1	12:44	0.0	1:39	0.0	6:39	4:59	
12	Sun	8:03	3.9	8:26	3.1	1:35	-0.1	2:35	-0.1	6:40	4:58	
13	Mon	8:55	3.9	9:18	3.0	2:27	-0.2	3:28	-0.1	6:41	4:57	
14	Tue	9:47	3.9	10:10	3.0	3:17	-0.2	4:19	0.0	6:42	4:56	
15	Wed	10:39	3.8	11:02	2.9	4:07	-0.2	5:11	0.0	6:43	4:56	
16	Thu	11:32	3.6	11:57	2.8	4:59	-0.1	6:06	0.2	6:44	4:55	
17	Fri			12:27	3.3	5:54	0.1	7:03	0.2	6:45	4:54	
18	Sat	12:56	2.7	1:22	3.1	6:56	0.2	8:01	0.3	6:46	4:54	
19	Sun	1:55	2.6	2:17	2.8	8:02	0.4	8:56	0.4	6:47	4:53	
20	Mon	2:56	2.6	3:13	2.6	9:08	0.4	9:49	0.4	6:48	4:52	
21	Tue	4:01	2.6	4:14	2.5	10:13	0.5	10:38	0.3	6:49	4:52	
22	Wed	5:04	2.7	5:13	2.4	11:14	0.5	11:23	0.3	6:50	4:51	
23	Thu	5:55	2.8	6:03	2.4			12:06	0.4	6:51	4:51	
24	Fri	6:38	2.9	6:47	2.4	12:04	0.3	12:54	0.4	6:52	4:51	
25	Sat	7:18	3.0	7:28	2.4	12:43	0.2	1:39	0.3	6:53	4:50	
26	Sun	7:56	3.1	8:09	2.4	1:23	0.2	2:21	0.2	6:54	4:50	
27	Mon	8:34	3.1	8:49	2.4	2:02	0.2	3:00	0.2	6:55	4:50	
28	Tue	9:11	3.1	9:27	2.4	2:40	0.1	3:37	0.2	6:56	4:49	
29	Wed	9:47	3.1	10:04	2.4	3:18	0.1	4:13	0.1	6:57	4:49	
30	Thu	10:24	3.1	10:43	2.4	3:54	0.1	4:49	0.2	6:58	4:49	