

Norfolk, VA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:02	3.0	11:24	2.3	4:32	0.1	5:27	0.2	6:59	4:49	
2	Sat	11:44	3.0			5:13	0.2	6:09	0.2	7:00	4:48	
3	Sun	12:09	2.3	12:29	2.9	6:01	0.2	6:56	0.1	7:01	4:48	
4	Mon	12:58	2.4	1:17	2.8	6:57	0.2	7:45	0.1	7:02	4:48	
5	Tue	1:50	2.5	2:08	2.7	8:00	0.2	8:36	0.1	7:03	4:48	
6	Wed	2:45	2.6	3:04	2.6	9:06	0.2	9:30	0.0	7:04	4:48	
7	Thu	3:46	2.7	4:08	2.5	10:16	0.2	10:26	-0.1	7:04	4:48	
8	Fri	4:52	2.9	5:14	2.5	11:23	0.1	11:23	-0.2	7:05	4:48	
9	Sat	5:54	3.1	6:16	2.5			12:26	0.0	7:06	4:48	
10	Sun	6:52	3.3	7:13	2.5	12:18	-0.3	1:26	-0.1	7:07	4:48	
11	Mon	7:48	3.4	8:09	2.5	1:14	-0.3	2:23	-0.2	7:08	4:49	
12	Tue	8:43	3.5	9:04	2.6	2:09	-0.4	3:17	-0.2	7:08	4:49	
13	Wed	9:36	3.4	9:56	2.5	3:03	-0.4	4:06	-0.2	7:09	4:49	
14	Thu	10:26	3.3	10:48	2.5	3:55	-0.4	4:55	-0.2	7:10	4:49	
15	Fri	11:15	3.1	11:40	2.5	4:45	-0.3	5:43	-0.1	7:10	4:50	
16	Sat			12:03	2.9	5:37	-0.2	6:32	-0.1	7:11	4:50	
17	Sun	12:33	2.4	12:51	2.7	6:33	0.0	7:21	0.0	7:12	4:50	
18	Mon	1:25	2.4	1:37	2.4	7:32	0.1	8:08	0.1	7:12	4:51	
19	Tue	2:16	2.3	2:23	2.2	8:30	0.2	8:54	0.1	7:13	4:51	
20	Wed	3:09	2.3	3:13	2.0	9:31	0.3	9:40	0.1	7:13	4:52	
21	Thu	4:06	2.3	4:11	1.9	10:31	0.3	10:27	0.1	7:14	4:52	
22	Fri	5:05	2.3	5:12	1.8	11:28	0.3	11:14	0.1	7:14	4:52	
23	Sat	5:56	2.4	6:06	1.9			12:19	0.2	7:15	4:53	
24	Sun	6:43	2.5	6:54	1.9	12:00	0.1	1:07	0.1	7:15	4:54	
25	Mon	7:26	2.6	7:40	1.9	12:45	0.0	1:53	0.1	7:16	4:54	
26	Tue	8:09	2.7	8:23	2.0	1:31	0.0	2:36	0.0	7:16	4:55	
27	Wed	8:50	2.8	9:05	2.1	2:16	-0.1	3:15	-0.1	7:16	4:55	
28	Thu	9:28	2.8	9:45	2.1	2:58	-0.2	3:52	-0.1	7:17	4:56	
29	Fri	10:06	2.8	10:25	2.2	3:39	-0.2	4:28	-0.2	7:17	4:57	
30	Sat	10:45	2.8	11:06	2.2	4:19	-0.2	5:05	-0.2	7:17	4:58	
31	Sun	11:25	2.8	11:46	2.3	5:02	-0.2	5:45	-0.2	7:17	4:58	