

Norfolk, VA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:06	2.7	5:47	-0.2	6:23	-0.3	7:18	4:59	
2	Tue	12:34	2.4	12:52	2.6	6:41	-0.1	7:10	-0.3	7:18	5:00	
3	Wed	1:23	2.5	1:42	2.4	7:41	-0.1	8:00	-0.3	7:18	5:01	
4	Thu	2:16	2.5	2:36	2.2	8:45	0.0	8:54	-0.3	7:18	5:01	
5	Fri	3:16	2.6	3:38	2.1	9:55	0.0	9:54	-0.3	7:18	5:02	
6	Sat	4:25	2.6	4:48	2.0	11:06	0.0	10:57	-0.3	7:18	5:03	
7	Sun	5:36	2.7	5:58	2.0			12:12	-0.1	7:18	5:04	
8	Mon	6:41	2.9	7:01	2.1	12:00	-0.4	1:15	-0.2	7:18	5:05	
9	Tue	7:41	3.0	8:00	2.2	1:01	-0.4	2:13	-0.3	7:18	5:06	
10	Wed	8:37	3.0	8:55	2.3	2:01	-0.5	3:05	-0.3	7:18	5:07	
11	Thu	9:27	3.0	9:46	2.4	2:56	-0.5	3:51	-0.4	7:18	5:08	
12	Fri	10:12	2.9	10:34	2.4	3:46	-0.5	4:34	-0.4	7:17	5:09	
13	Sat	10:54	2.8	11:20	2.4	4:33	-0.4	5:15	-0.4	7:17	5:10	
14	Sun	11:36	2.6			5:20	-0.3	5:55	-0.3	7:17	5:11	
15	Mon	12:05	2.4	12:16	2.4	6:08	-0.2	6:35	-0.2	7:17	5:12	
16	Tue	12:49	2.3	12:57	2.2	6:57	-0.1	7:15	-0.1	7:16	5:13	
17	Wed	1:32	2.3	1:38	2.0	7:48	0.1	7:55	-0.1	7:16	5:14	
18	Thu	2:16	2.2	2:22	1.8	8:41	0.1	8:37	0.0	7:15	5:15	
19	Fri	3:04	2.1	3:11	1.7	9:37	0.2	9:25	0.0	7:15	5:16	
20	Sat	4:01	2.1	4:12	1.6	10:38	0.2	10:20	0.1	7:15	5:17	
21	Sun	5:05	2.1	5:17	1.6	11:36	0.2	11:16	0.0	7:14	5:18	
22	Mon	6:03	2.2	6:15	1.7			12:28	0.1	7:14	5:19	
23	Tue	6:53	2.4	7:05	1.8	12:09	0.0	1:17	0.0	7:13	5:20	
24	Wed	7:39	2.5	7:52	1.9	1:00	-0.1	2:03	-0.1	7:13	5:21	
25	Thu	8:22	2.6	8:37	2.1	1:50	-0.2	2:44	-0.2	7:12	5:22	
26	Fri	9:03	2.7	9:19	2.2	2:36	-0.3	3:22	-0.3	7:11	5:23	
27	Sat	9:42	2.8	10:00	2.4	3:20	-0.4	3:58	-0.4	7:11	5:24	
28	Sun	10:21	2.8	10:41	2.5	4:03	-0.4	4:35	-0.4	7:10	5:25	
29	Mon	11:02	2.8	11:25	2.6	4:48	-0.4	5:13	-0.5	7:09	5:27	
30	Tue	11:46	2.6			5:35	-0.4	5:55	-0.5	7:08	5:28	
31	Wed	12:12	2.7	12:33	2.5	6:28	-0.3	6:42	-0.4	7:08	5:29	