

Norfolk, VA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:46	2.5	5:30	2.9	11:05	0.3	11:51	0.4	5:47	8:18	
2	Sat	5:46	2.4	6:26	2.9	11:53	0.3			5:47	8:19	
3	Sun	6:41	2.3	7:13	3.0	12:46	0.4	12:38	0.3	5:46	8:19	
4	Mon	7:29	2.3	7:56	3.0	1:35	0.3	1:21	0.3	5:46	8:20	
5	Tue	8:14	2.4	8:37	3.1	2:22	0.3	2:03	0.3	5:46	8:21	
6	Wed	8:57	2.4	9:17	3.1	3:06	0.2	2:46	0.3	5:45	8:21	
7	Thu	9:39	2.5	9:56	3.1	3:47	0.2	3:28	0.3	5:45	8:22	
8	Fri	10:19	2.5	10:34	3.1	4:25	0.2	4:08	0.2	5:45	8:22	
9	Sat	10:58	2.5	11:11	3.1	5:00	0.2	4:46	0.2	5:45	8:23	
10	Sun	11:36	2.5	11:48	3.0	5:35	0.2	5:24	0.3	5:45	8:23	
11	Mon			12:15	2.5	6:10	0.2	6:04	0.3	5:45	8:24	
12	Tue	12:27	3.0	12:57	2.6	6:48	0.2	6:48	0.3	5:45	8:24	
13	Wed	1:09	2.9	1:40	2.6	7:28	0.2	7:39	0.3	5:45	8:25	
14	Thu	1:53	2.9	2:25	2.7	8:12	0.2	8:35	0.3	5:45	8:25	
15	Fri	2:40	2.8	3:13	2.8	8:58	0.1	9:34	0.3	5:45	8:25	
16	Sat	3:30	2.7	4:05	3.0	9:47	0.1	10:38	0.3	5:45	8:26	
17	Sun	4:28	2.6	5:05	3.1	10:41	0.1	11:44	0.2	5:45	8:26	
18	Mon	5:32	2.5	6:08	3.3	11:39	0.0			5:45	8:26	
19	Tue	6:38	2.5	7:10	3.4	12:48	0.1	12:37	0.0	5:45	8:27	
20	Wed	7:39	2.6	8:09	3.5	1:50	0.1	1:36	-0.1	5:45	8:27	
21	Thu	8:39	2.7	9:08	3.6	2:50	0.0	2:36	-0.1	5:46	8:27	
22	Fri	9:38	2.8	10:05	3.6	3:47	-0.1	3:36	-0.2	5:46	8:27	
23	Sat	10:34	2.8	11:00	3.6	4:40	-0.1	4:32	-0.2	5:46	8:28	
24	Sun	11:28	2.9	11:52	3.4	5:29	-0.1	5:27	-0.1	5:46	8:28	
25	Mon			12:22	2.9	6:18	-0.1	6:22	0.0	5:47	8:28	
26	Tue	12:43	3.2	1:16	2.9	7:07	0.0	7:20	0.1	5:47	8:28	
27	Wed	1:33	3.0	2:09	2.9	7:56	0.1	8:20	0.2	5:47	8:28	
28	Thu	2:21	2.8	3:00	2.9	8:44	0.1	9:18	0.3	5:48	8:28	
29	Fri	3:08	2.6	3:50	2.9	9:29	0.2	10:17	0.4	5:48	8:28	
30	Sat	3:57	2.4	4:42	2.8	10:15	0.3	11:15	0.4	5:49	8:28	