

Norfolk, VA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:06	2.2	6:42	2.9	12:23	0.6	11:58 AM	0.5	6:10	8:12	
2	Thu	7:04	2.3	7:33	3.0	1:14	0.5	12:52	0.5	6:11	8:11	
3	Fri	7:55	2.4	8:19	3.1	2:01	0.5	1:43	0.4	6:12	8:10	
4	Sat	8:41	2.5	9:02	3.2	2:45	0.4	2:33	0.4	6:13	8:09	
5	Sun	9:25	2.7	9:42	3.2	3:26	0.3	3:20	0.3	6:13	8:08	
6	Mon	10:06	2.9	10:21	3.3	4:03	0.2	4:05	0.2	6:14	8:07	
7	Tue	10:45	3.0	11:00	3.3	4:38	0.1	4:47	0.2	6:15	8:06	
8	Wed	11:24	3.1	11:39	3.2	5:13	0.1	5:30	0.2	6:16	8:05	
9	Thu			12:05	3.3	5:48	0.0	6:15	0.2	6:17	8:04	
10	Fri	12:21	3.2	12:49	3.3	6:27	0.0	7:05	0.3	6:18	8:02	
11	Sat	1:06	3.0	1:36	3.4	7:11	0.1	8:01	0.3	6:18	8:01	
12	Sun	1:55	2.9	2:27	3.4	8:00	0.1	9:02	0.4	6:19	8:00	
13	Mon	2:48	2.8	3:22	3.4	8:54	0.2	10:07	0.4	6:20	7:59	
14	Tue	3:45	2.6	4:26	3.4	9:55	0.2	11:17	0.5	6:21	7:58	
15	Wed	4:54	2.6	5:40	3.3	11:02	0.3			6:22	7:57	
16	Thu	6:10	2.6	6:52	3.4	12:25	0.4	12:12	0.3	6:23	7:55	
17	Fri	7:19	2.7	7:54	3.5	1:26	0.4	1:18	0.2	6:23	7:54	
18	Sat	8:21	2.9	8:50	3.5	2:23	0.3	2:20	0.2	6:24	7:53	
19	Sun	9:16	3.1	9:40	3.5	3:14	0.2	3:18	0.1	6:25	7:52	
20	Mon	10:07	3.3	10:25	3.5	4:00	0.1	4:11	0.1	6:26	7:50	
21	Tue	10:52	3.4	11:06	3.4	4:42	0.1	4:58	0.2	6:27	7:49	
22	Wed	11:35	3.4	11:46	3.2	5:19	0.1	5:43	0.2	6:27	7:48	
23	Thu			12:16	3.4	5:56	0.2	6:27	0.3	6:28	7:46	
24	Fri	12:26	3.0	12:57	3.3	6:31	0.3	7:13	0.5	6:29	7:45	
25	Sat	1:06	2.9	1:38	3.3	7:08	0.4	8:01	0.6	6:30	7:44	
26	Sun	1:49	2.7	2:19	3.2	7:48	0.5	8:51	0.7	6:31	7:42	
27	Mon	2:32	2.6	3:04	3.1	8:31	0.6	9:44	0.7	6:32	7:41	
28	Tue	3:19	2.5	3:53	3.0	9:20	0.7	10:41	0.8	6:32	7:39	
29	Wed	4:14	2.4	4:53	2.9	10:16	0.7	11:41	0.8	6:33	7:38	
30	Thu	5:20	2.4	5:59	3.0	11:19	0.7			6:34	7:37	
31	Fri	6:27	2.5	6:56	3.1	12:34	0.7	12:20	0.7	6:35	7:35	