

Norfolk, VA - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:53	2.3	5:01	1.9	11:18	0.2	11:03	0.0	7:17	4:59	
2	Fri	5:47	2.4	5:56	1.8			12:11	0.1	7:18	5:00	
3	Sat	6:34	2.4	6:45	1.9			12:59	0.1	7:18	5:00	
4	Sun	7:17	2.5	7:30	1.9	12:34	-0.1	1:46	0.0	7:18	5:01	
5	Mon	7:58	2.6	8:14	2.0	1:19	-0.1	2:29	0.0	7:18	5:02	
6	Tue	8:38	2.6	8:55	2.0	2:03	-0.2	3:07	-0.1	7:18	5:03	
7	Wed	9:16	2.7	9:35	2.1	2:45	-0.2	3:43	-0.1	7:18	5:04	
8	Thu	9:52	2.7	10:13	2.1	3:24	-0.2	4:17	-0.2	7:18	5:05	
9	Fri	10:27	2.7	10:51	2.1	4:02	-0.2	4:50	-0.2	7:18	5:06	
10	Sat	11:04	2.7	11:30	2.1	4:40	-0.2	5:25	-0.2	7:18	5:06	
11	Sun	11:43	2.6			5:22	-0.2	6:03	-0.2	7:18	5:07	
12	Mon	12:13	2.2	12:25	2.5	6:09	-0.1	6:45	-0.2	7:17	5:08	
13	Tue	12:58	2.3	1:10	2.4	7:02	-0.1	7:30	-0.2	7:17	5:09	
14	Wed	1:46	2.3	1:59	2.3	8:01	-0.1	8:19	-0.2	7:17	5:10	
15	Thu	2:39	2.4	2:54	2.1	9:05	0.0	9:14	-0.2	7:17	5:11	
16	Fri	3:40	2.5	3:58	2.0	10:16	0.0	10:15	-0.3	7:16	5:12	
17	Sat	4:49	2.6	5:09	1.9	11:25	-0.1	11:19	-0.3	7:16	5:13	
18	Sun	5:57	2.8	6:17	2.0			12:31	-0.2	7:16	5:14	
19	Mon	7:01	2.9	7:20	2.1	12:22	-0.4	1:33	-0.3	7:15	5:15	
20	Tue	8:01	3.0	8:19	2.2	1:23	-0.5	2:30	-0.4	7:15	5:16	
21	Wed	8:57	3.1	9:15	2.3	2:23	-0.5	3:22	-0.4	7:14	5:18	
22	Thu	9:48	3.1	10:06	2.4	3:19	-0.6	4:09	-0.5	7:14	5:19	
23	Fri	10:35	3.0	10:56	2.4	4:10	-0.6	4:54	-0.4	7:13	5:20	
24	Sat	11:21	2.8	11:45	2.4	5:00	-0.5	5:37	-0.4	7:13	5:21	
25	Sun			12:06	2.6	5:51	-0.3	6:21	-0.3	7:12	5:22	
26	Mon	12:33	2.4	12:50	2.4	6:45	-0.2	7:05	-0.2	7:11	5:23	
27	Tue	1:20	2.3	1:33	2.2	7:39	-0.1	7:48	-0.1	7:11	5:24	
28	Wed	2:06	2.3	2:18	2.0	8:34	0.1	8:31	-0.1	7:10	5:25	
29	Thu	2:54	2.2	3:07	1.8	9:32	0.1	9:18	0.0	7:09	5:26	
30	Fri	3:49	2.1	4:06	1.7	10:33	0.2	10:11	0.0	7:09	5:27	
31	Sat	4:53	2.1	5:11	1.6	11:31	0.2	11:05	0.0	7:08	5:28	