

Norfolk, VA - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:03	2.2	5:29	1.8	11:41	0.4	11:21	0.2	6:35	5:59	
2	Tue	6:05	2.3	6:25	2.0			12:32	0.3	6:33	6:00	
3	Wed	6:56	2.5	7:14	2.1	12:17	0.1	1:19	0.2	6:32	6:01	
4	Thu	7:41	2.6	7:59	2.3	1:09	0.0	2:01	0.1	6:30	6:02	
5	Fri	8:22	2.8	8:41	2.5	1:58	-0.1	2:39	0.0	6:29	6:03	
6	Sat	9:01	2.9	9:21	2.7	2:44	-0.2	3:15	-0.2	6:28	6:04	
7	Sun	9:40	2.9	10:00	2.9	3:27	-0.3	3:50	-0.2	6:26	6:05	
8	Mon	10:19	2.9	10:40	3.0	4:10	-0.3	4:26	-0.3	6:25	6:06	
9	Tue	11:00	2.8	11:24	3.1	4:53	-0.3	5:04	-0.3	6:23	6:07	
10	Wed	11:44	2.7			5:41	-0.2	5:47	-0.2	6:22	6:08	
11	Thu	12:11	3.1	12:32	2.6	6:34	-0.1	6:36	-0.2	6:20	6:09	
12	Fri	1:03	3.0	1:24	2.4	7:33	0.0	7:32	-0.1	6:19	6:10	
13	Sat	1:59	2.9	2:20	2.3	8:38	0.1	8:35	0.0	6:18	6:11	
14	Sun	3:04	2.8	3:27	2.2	9:49	0.2	9:47	0.0	6:16	6:11	
15	Mon	4:23	2.8	4:49	2.2	11:01	0.2	11:02	0.0	6:15	6:12	
16	Tue	5:43	2.8	6:04	2.3			12:05	0.2	6:13	6:13	
17	Wed	6:47	2.9	7:06	2.5	12:11	0.0	1:02	0.1	6:12	6:14	
18	Thu	7:41	3.0	8:00	2.8	1:13	-0.1	1:53	0.0	6:10	6:15	
19	Fri	8:29	3.0	8:47	2.9	2:09	-0.2	2:38	-0.1	6:09	6:16	
20	Sat	9:12	3.0	9:30	3.0	2:59	-0.2	3:18	-0.1	6:07	6:17	
21	Sun	9:51	2.9	10:09	3.1	3:44	-0.2	3:54	-0.1	6:06	6:18	
22	Mon	10:28	2.8	10:45	3.1	4:24	-0.1	4:28	-0.1	6:04	6:19	
23	Tue	11:05	2.7	11:21	3.0	5:03	0.0	5:01	0.0	6:03	6:19	
24	Wed	11:43	2.6	11:58	2.9	5:43	0.1	5:35	0.1	6:01	6:20	
25	Thu			12:22	2.4	6:24	0.2	6:11	0.2	6:00	6:21	
26	Fri	12:37	2.7	1:04	2.3	7:08	0.3	6:53	0.3	5:58	6:22	
27	Sat	1:19	2.6	1:47	2.2	7:56	0.4	7:40	0.4	5:57	6:23	
28	Sun	2:05	2.5	2:36	2.1	8:50	0.5	8:35	0.4	5:55	6:24	
29	Mon	2:59	2.4	3:34	2.1	9:50	0.5	9:38	0.5	5:54	6:25	
30	Tue	4:05	2.4	4:43	2.1	10:51	0.5	10:44	0.4	5:52	6:26	
31	Wed	5:15	2.5	5:45	2.3	11:43	0.5	11:44	0.3	5:51	6:26	