

## Norfolk, VA - Mar 2007

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu | 7:59  | 2.6 | 8:13  | 2.4 | 1:25  | -0.1 | 2:13  | 0.0  | 6:36                                                                                | 5:59 |    |
| 2    | Fri | 8:40  | 2.7 | 8:55  | 2.6 | 2:16  | -0.1 | 2:52  | -0.1 | 6:34                                                                                | 6:00 |    |
| 3    | Sat | 9:15  | 2.7 | 9:33  | 2.6 | 2:59  | -0.2 | 3:26  | -0.1 | 6:33                                                                                | 6:01 |    |
| 4    | Sun | 9:48  | 2.7 | 10:07 | 2.7 | 3:38  | -0.2 | 3:57  | -0.1 | 6:31                                                                                | 6:01 |    |
| 5    | Mon | 10:21 | 2.6 | 10:40 | 2.7 | 4:14  | -0.1 | 4:25  | -0.1 | 6:30                                                                                | 6:02 |    |
| 6    | Tue | 10:53 | 2.5 | 11:12 | 2.7 | 4:48  | -0.1 | 4:53  | -0.1 | 6:29                                                                                | 6:03 |    |
| 7    | Wed | 11:27 | 2.4 | 11:46 | 2.7 | 5:23  | 0.0  | 5:22  | 0.0  | 6:27                                                                                | 6:04 |    |
| 8    | Thu |       |     | 12:02 | 2.3 | 5:59  | 0.1  | 5:54  | 0.1  | 6:26                                                                                | 6:05 |    |
| 9    | Fri | 12:23 | 2.6 | 12:40 | 2.2 | 6:40  | 0.2  | 6:32  | 0.1  | 6:24                                                                                | 6:06 |    |
| 10   | Sat | 1:02  | 2.5 | 1:21  | 2.1 | 7:25  | 0.3  | 7:16  | 0.2  | 6:23                                                                                | 6:07 |    |
| 11   | Sun | 1:47  | 2.5 | 3:06  | 2.0 | 9:17  | 0.4  | 9:09  | 0.2  | 7:21                                                                                | 7:08 |    |
| 12   | Mon | 3:39  | 2.4 | 4:00  | 1.9 | 10:18 | 0.4  | 10:10 | 0.3  | 7:20                                                                                | 7:09 |   |
| 13   | Tue | 4:43  | 2.4 | 5:09  | 2.0 | 11:26 | 0.4  | 11:20 | 0.2  | 7:19                                                                                | 7:10 |  |
| 14   | Wed | 5:56  | 2.5 | 6:20  | 2.1 |       |      | 12:28 | 0.3  | 7:17                                                                                | 7:11 |  |
| 15   | Thu | 7:01  | 2.7 | 7:22  | 2.4 | 12:29 | 0.1  | 1:23  | 0.2  | 7:16                                                                                | 7:12 |  |
| 16   | Fri | 7:57  | 2.9 | 8:16  | 2.7 | 1:31  | 0.0  | 2:14  | 0.0  | 7:14                                                                                | 7:13 |  |
| 17   | Sat | 8:49  | 3.1 | 9:08  | 3.0 | 2:29  | -0.2 | 3:02  | -0.2 | 7:13                                                                                | 7:13 |  |
| 18   | Sun | 9:38  | 3.2 | 9:57  | 3.2 | 3:25  | -0.3 | 3:48  | -0.3 | 7:11                                                                                | 7:14 |  |
| 19   | Mon | 10:26 | 3.2 | 10:46 | 3.4 | 4:17  | -0.4 | 4:32  | -0.4 | 7:10                                                                                | 7:15 |  |
| 20   | Tue | 11:13 | 3.1 | 11:34 | 3.5 | 5:07  | -0.4 | 5:15  | -0.4 | 7:08                                                                                | 7:16 |  |
| 21   | Wed |       |     | 12:01 | 3.0 | 5:58  | -0.4 | 6:00  | -0.3 | 7:07                                                                                | 7:17 |  |
| 22   | Thu | 12:24 | 3.5 | 12:50 | 2.8 | 6:51  | -0.2 | 6:49  | -0.2 | 7:05                                                                                | 7:18 |  |
| 23   | Fri | 1:17  | 3.3 | 1:42  | 2.6 | 7:50  | 0.0  | 7:44  | -0.1 | 7:04                                                                                | 7:19 |  |
| 24   | Sat | 2:13  | 3.1 | 2:38  | 2.4 | 8:52  | 0.1  | 8:45  | 0.0  | 7:02                                                                                | 7:20 |  |
| 25   | Sun | 3:14  | 2.9 | 3:38  | 2.3 | 9:57  | 0.3  | 9:52  | 0.1  | 7:01                                                                                | 7:21 |  |
| 26   | Mon | 4:24  | 2.7 | 4:50  | 2.2 | 11:06 | 0.3  | 11:04 | 0.2  | 6:59                                                                                | 7:21 |  |
| 27   | Tue | 5:46  | 2.6 | 6:09  | 2.3 |       |      | 12:11 | 0.4  | 6:58                                                                                | 7:22 |  |
| 28   | Wed | 6:55  | 2.6 | 7:12  | 2.4 | 12:14 | 0.2  | 1:06  | 0.3  | 6:56                                                                                | 7:23 |  |
| 29   | Thu | 7:47  | 2.6 | 8:04  | 2.6 | 1:15  | 0.2  | 1:54  | 0.3  | 6:55                                                                                | 7:24 |  |
| 30   | Fri | 8:31  | 2.7 | 8:48  | 2.8 | 2:08  | 0.2  | 2:36  | 0.2  | 6:53                                                                                | 7:25 |  |
| 31   | Sat | 9:10  | 2.7 | 9:27  | 2.9 | 2:56  | 0.1  | 3:14  | 0.1  | 6:52                                                                                | 7:26 |  |