

Norfolk, VA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:09	2.5	6:06	-0.1	6:08	-0.2	6:35	5:59	
2	Mon	12:32	2.8	12:57	2.3	6:59	0.0	6:59	-0.1	6:33	6:00	
3	Tue	1:24	2.8	1:49	2.2	7:59	0.1	7:57	-0.1	6:32	6:01	
4	Wed	2:22	2.7	2:49	2.1	9:07	0.2	9:03	0.0	6:31	6:02	
5	Thu	3:30	2.7	4:02	2.1	10:20	0.2	10:17	-0.1	6:29	6:03	
6	Fri	4:51	2.7	5:21	2.2	11:29	0.1	11:29	-0.1	6:28	6:04	
7	Sat	6:05	2.8	6:29	2.5			12:30	0.0	6:26	6:05	
8	Sun	8:06	2.9	8:29	2.7	12:36	-0.2	2:25	-0.1	7:25	7:06	
9	Mon	9:00	3.0	9:22	2.9	2:37	-0.3	3:15	-0.2	7:24	7:07	
10	Tue	9:49	3.0	10:11	3.1	3:33	-0.4	4:00	-0.3	7:22	7:08	
11	Wed	10:34	3.0	10:56	3.2	4:24	-0.4	4:42	-0.3	7:21	7:08	
12	Thu	11:15	2.9	11:38	3.2	5:10	-0.3	5:21	-0.3	7:19	7:09	
13	Fri	11:56	2.8			5:54	-0.2	5:59	-0.2	7:18	7:10	
14	Sat	12:20	3.1	12:37	2.6	6:38	-0.1	6:38	-0.1	7:16	7:11	
15	Sun	1:02	2.9	1:19	2.4	7:23	0.1	7:19	0.1	7:15	7:12	
16	Mon	1:45	2.8	2:02	2.3	8:11	0.2	8:04	0.2	7:13	7:13	
17	Tue	2:30	2.6	2:47	2.2	9:02	0.3	8:54	0.3	7:12	7:14	
18	Wed	3:18	2.5	3:37	2.1	9:57	0.4	9:50	0.4	7:10	7:15	
19	Thu	4:15	2.4	4:37	2.0	10:56	0.5	10:54	0.4	7:09	7:16	
20	Fri	5:24	2.3	5:48	2.1	11:55	0.5	11:58	0.4	7:08	7:17	
21	Sat	6:31	2.4	6:50	2.2			12:46	0.4	7:06	7:17	
22	Sun	7:23	2.5	7:40	2.4	12:55	0.3	1:31	0.3	7:05	7:18	
23	Mon	8:08	2.6	8:23	2.6	1:46	0.2	2:12	0.2	7:03	7:19	
24	Tue	8:49	2.7	9:04	2.8	2:34	0.1	2:51	0.1	7:02	7:20	
25	Wed	9:28	2.8	9:42	3.0	3:19	0.0	3:29	0.0	7:00	7:21	
26	Thu	10:07	2.8	10:21	3.1	4:02	-0.1	4:06	-0.1	6:59	7:22	
27	Fri	10:45	2.8	10:59	3.2	4:42	-0.1	4:43	-0.1	6:57	7:23	
28	Sat	11:25	2.8	11:41	3.3	5:23	-0.1	5:21	-0.1	6:56	7:24	
29	Sun			12:07	2.8	6:06	-0.1	6:03	-0.1	6:54	7:25	
30	Mon	12:26	3.3	12:54	2.7	6:54	0.0	6:50	-0.1	6:53	7:25	
31	Tue	1:17	3.2	1:46	2.6	7:50	0.1	7:46	0.0	6:51	7:26	