

Norfolk, VA - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:52	2.7	5:38	3.1	11:11	0.1			5:47	8:18	
2	Tue	5:57	2.5	6:38	3.2	12:00	0.2	12:04	0.1	5:46	8:19	
3	Wed	6:56	2.5	7:30	3.2	12:59	0.2	12:54	0.1	5:46	8:20	
4	Thu	7:47	2.5	8:17	3.2	1:53	0.2	1:42	0.2	5:46	8:20	
5	Fri	8:35	2.5	9:01	3.2	2:43	0.2	2:29	0.2	5:46	8:21	
6	Sat	9:21	2.5	9:43	3.2	3:29	0.2	3:15	0.2	5:45	8:21	
7	Sun	10:04	2.5	10:22	3.2	4:11	0.1	3:58	0.2	5:45	8:22	
8	Mon	10:45	2.6	11:00	3.1	4:49	0.1	4:37	0.2	5:45	8:22	
9	Tue	11:24	2.6	11:37	3.0	5:25	0.2	5:15	0.3	5:45	8:23	
10	Wed			12:04	2.5	6:00	0.2	5:53	0.3	5:45	8:23	
11	Thu	12:15	2.9	12:44	2.5	6:36	0.2	6:33	0.4	5:45	8:24	
12	Fri	12:54	2.8	1:25	2.5	7:13	0.3	7:18	0.4	5:45	8:24	
13	Sat	1:34	2.7	2:06	2.6	7:51	0.3	8:07	0.5	5:45	8:25	
14	Sun	2:16	2.6	2:47	2.6	8:30	0.3	8:59	0.5	5:45	8:25	
15	Mon	2:59	2.5	3:30	2.7	9:12	0.3	9:54	0.5	5:45	8:26	
16	Tue	3:46	2.4	4:19	2.8	9:58	0.3	10:54	0.4	5:45	8:26	
17	Wed	4:41	2.4	5:15	2.9	10:48	0.2	11:55	0.4	5:45	8:26	
18	Thu	5:42	2.4	6:14	3.1	11:43	0.2			5:45	8:27	
19	Fri	6:43	2.4	7:11	3.3	12:54	0.3	12:39	0.1	5:45	8:27	
20	Sat	7:41	2.5	8:07	3.4	1:51	0.2	1:35	0.0	5:46	8:27	
21	Sun	8:38	2.6	9:04	3.6	2:49	0.0	2:34	-0.1	5:46	8:27	
22	Mon	9:35	2.7	10:00	3.6	3:44	-0.1	3:32	-0.1	5:46	8:27	
23	Tue	10:31	2.8	10:55	3.6	4:36	-0.1	4:29	-0.2	5:46	8:28	
24	Wed	11:25	2.9	11:48	3.5	5:26	-0.2	5:24	-0.2	5:47	8:28	
25	Thu			12:21	3.0	6:16	-0.2	6:22	-0.1	5:47	8:28	
26	Fri	12:43	3.4	1:18	3.1	7:07	-0.1	7:24	0.0	5:47	8:28	
27	Sat	1:37	3.2	2:14	3.1	8:00	-0.1	8:28	0.1	5:48	8:28	
28	Sun	2:30	2.9	3:10	3.1	8:52	0.0	9:32	0.2	5:48	8:28	
29	Mon	3:23	2.7	4:07	3.1	9:43	0.1	10:35	0.2	5:48	8:28	
30	Tue	4:20	2.5	5:08	3.1	10:36	0.1	11:38	0.3	5:49	8:28	