

Norfolk, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:22	2.4	6:10	3.1	11:30	0.2			5:49	8:28	
2	Thu	6:25	2.3	7:05	3.1	12:37	0.3	12:23	0.2	5:50	8:28	
3	Fri	7:21	2.3	7:53	3.1	1:30	0.3	1:14	0.2	5:50	8:28	
4	Sat	8:11	2.4	8:39	3.1	2:20	0.3	2:03	0.2	5:51	8:28	
5	Sun	8:58	2.4	9:21	3.1	3:06	0.2	2:51	0.2	5:51	8:27	
6	Mon	9:42	2.5	10:01	3.1	3:48	0.2	3:36	0.2	5:52	8:27	
7	Tue	10:23	2.5	10:38	3.1	4:26	0.2	4:17	0.2	5:52	8:27	
8	Wed	11:02	2.6	11:13	3.0	5:00	0.2	4:55	0.2	5:53	8:27	
9	Thu	11:39	2.6	11:49	3.0	5:32	0.1	5:32	0.3	5:54	8:26	
10	Fri			12:16	2.7	6:03	0.2	6:10	0.3	5:54	8:26	
11	Sat	12:25	2.9	12:53	2.7	6:36	0.2	6:51	0.4	5:55	8:26	
12	Sun	1:02	2.8	1:31	2.8	7:10	0.2	7:36	0.4	5:56	8:25	
13	Mon	1:42	2.7	2:11	2.8	7:48	0.2	8:26	0.4	5:56	8:25	
14	Tue	2:24	2.6	2:53	2.9	8:30	0.2	9:20	0.4	5:57	8:24	
15	Wed	3:10	2.5	3:41	3.0	9:16	0.2	10:19	0.4	5:58	8:24	
16	Thu	4:03	2.4	4:37	3.0	10:09	0.2	11:24	0.4	5:58	8:23	
17	Fri	5:05	2.4	5:42	3.1	11:09	0.2			5:59	8:23	
18	Sat	6:14	2.4	6:47	3.3	12:29	0.3	12:12	0.1	6:00	8:22	
19	Sun	7:18	2.5	7:49	3.5	1:30	0.2	1:15	0.0	6:00	8:22	
20	Mon	8:20	2.7	8:49	3.6	2:30	0.1	2:18	0.0	6:01	8:21	
21	Tue	9:19	2.9	9:46	3.7	3:26	0.0	3:20	-0.1	6:02	8:20	
22	Wed	10:16	3.0	10:40	3.6	4:17	-0.1	4:18	-0.2	6:03	8:20	
23	Thu	11:10	3.2	11:32	3.5	5:05	-0.2	5:14	-0.2	6:03	8:19	
24	Fri			12:03	3.3	5:52	-0.2	6:09	-0.1	6:04	8:18	
25	Sat	12:22	3.4	12:56	3.4	6:39	-0.1	7:07	0.0	6:05	8:17	
26	Sun	1:13	3.1	1:50	3.4	7:27	-0.1	8:07	0.1	6:06	8:17	
27	Mon	2:03	2.9	2:42	3.3	8:17	0.0	9:08	0.3	6:07	8:16	
28	Tue	2:53	2.7	3:35	3.2	9:07	0.2	10:08	0.4	6:07	8:15	
29	Wed	3:46	2.5	4:32	3.1	10:00	0.3	11:10	0.5	6:08	8:14	
30	Thu	4:45	2.3	5:36	3.0	10:55	0.4			6:09	8:13	
31	Fri	5:52	2.3	6:36	3.0	12:09	0.5	11:53 AM	0.4	6:10	8:12	