

Norfolk, VA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:51	2.6	2:17	2.9	7:49	0.3	8:41	0.6	6:10	8:12	
2	Mon	2:33	2.5	2:59	2.9	8:31	0.4	9:33	0.6	6:11	8:11	
3	Tue	3:19	2.4	3:47	3.0	9:20	0.4	10:32	0.6	6:12	8:10	
4	Wed	4:12	2.4	4:45	3.0	10:15	0.4	11:36	0.5	6:13	8:09	
5	Thu	5:17	2.4	5:51	3.1	11:17	0.4			6:14	8:08	
6	Fri	6:25	2.5	6:55	3.3	12:37	0.5	12:21	0.3	6:14	8:07	
7	Sat	7:26	2.6	7:53	3.4	1:34	0.3	1:23	0.2	6:15	8:06	
8	Sun	8:24	2.9	8:49	3.6	2:28	0.2	2:24	0.1	6:16	8:05	
9	Mon	9:19	3.1	9:42	3.7	3:20	0.1	3:23	0.0	6:17	8:03	
10	Tue	10:12	3.3	10:33	3.7	4:08	-0.1	4:19	-0.1	6:18	8:02	
11	Wed	11:04	3.5	11:23	3.6	4:53	-0.1	5:13	-0.1	6:19	8:01	
12	Thu	11:54	3.7			5:38	-0.2	6:07	-0.1	6:19	8:00	
13	Fri	12:13	3.4	12:47	3.7	6:24	-0.1	7:04	0.0	6:20	7:59	
14	Sat	1:04	3.2	1:41	3.7	7:14	0.0	8:04	0.2	6:21	7:58	
15	Sun	1:57	3.0	2:36	3.6	8:07	0.1	9:07	0.3	6:22	7:56	
16	Mon	2:50	2.8	3:33	3.4	9:03	0.2	10:10	0.4	6:23	7:55	
17	Tue	3:48	2.6	4:37	3.3	10:02	0.3	11:15	0.5	6:24	7:54	
18	Wed	4:54	2.5	5:48	3.2	11:06	0.4			6:24	7:53	
19	Thu	6:08	2.5	6:51	3.2	12:17	0.5	12:09	0.4	6:25	7:51	
20	Fri	7:11	2.6	7:43	3.2	1:12	0.5	1:07	0.4	6:26	7:50	
21	Sat	8:03	2.7	8:28	3.2	2:00	0.5	2:00	0.4	6:27	7:49	
22	Sun	8:49	2.9	9:08	3.2	2:45	0.4	2:49	0.4	6:28	7:47	
23	Mon	9:31	3.0	9:45	3.2	3:24	0.4	3:33	0.4	6:28	7:46	
24	Tue	10:09	3.1	10:20	3.2	3:59	0.3	4:13	0.4	6:29	7:45	
25	Wed	10:43	3.2	10:54	3.2	4:30	0.3	4:50	0.4	6:30	7:43	
26	Thu	11:16	3.2	11:28	3.1	5:00	0.3	5:25	0.4	6:31	7:42	
27	Fri	11:49	3.3			5:28	0.3	6:00	0.5	6:32	7:41	
28	Sat	12:02	3.0	12:23	3.3	5:58	0.3	6:37	0.5	6:33	7:39	
29	Sun	12:39	2.9	12:59	3.2	6:31	0.4	7:18	0.6	6:33	7:38	
30	Mon	1:18	2.8	1:39	3.2	7:09	0.4	8:05	0.7	6:34	7:36	
31	Tue	2:01	2.7	2:24	3.2	7:54	0.5	8:59	0.7	6:35	7:35	