

Norfolk, VA - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:15	2.7	7:46	3.5	1:21	0.0	1:17	-0.1	5:49	8:28	
2	Sat	8:14	2.8	8:43	3.5	2:20	0.0	2:15	-0.1	5:50	8:28	
3	Sun	9:12	2.9	9:38	3.6	3:17	-0.1	3:12	-0.2	5:50	8:28	
4	Mon	10:06	2.9	10:29	3.5	4:09	-0.2	4:06	-0.2	5:51	8:28	
5	Tue	10:58	3.0	11:17	3.4	4:57	-0.2	4:57	-0.1	5:52	8:27	
6	Wed	11:47	3.0			5:43	-0.1	5:46	0.0	5:52	8:27	
7	Thu	12:03	3.3	12:36	2.9	6:28	0.0	6:36	0.1	5:53	8:27	
8	Fri	12:49	3.1	1:24	2.9	7:13	0.1	7:27	0.2	5:53	8:27	
9	Sat	1:34	2.9	2:11	2.8	7:58	0.1	8:21	0.3	5:54	8:26	
10	Sun	2:19	2.7	2:56	2.8	8:42	0.2	9:14	0.4	5:54	8:26	
11	Mon	3:03	2.6	3:42	2.7	9:26	0.3	10:08	0.5	5:55	8:26	
12	Tue	3:50	2.4	4:32	2.7	10:10	0.4	11:03	0.5	5:56	8:25	
13	Wed	4:44	2.3	5:28	2.8	10:58	0.4	11:58	0.5	5:56	8:25	
14	Thu	5:44	2.3	6:22	2.8	11:47	0.4			5:57	8:24	
15	Fri	6:41	2.3	7:11	2.9	12:49	0.4	12:36	0.4	5:58	8:24	
16	Sat	7:32	2.4	7:57	3.0	1:37	0.4	1:24	0.3	5:58	8:23	
17	Sun	8:19	2.5	8:41	3.1	2:23	0.3	2:12	0.2	5:59	8:23	
18	Mon	9:05	2.6	9:24	3.2	3:08	0.2	3:00	0.2	6:00	8:22	
19	Tue	9:49	2.7	10:07	3.3	3:50	0.1	3:46	0.1	6:01	8:21	
20	Wed	10:31	2.8	10:48	3.3	4:30	0.0	4:31	0.1	6:01	8:21	
21	Thu	11:14	2.9	11:31	3.3	5:09	0.0	5:15	0.1	6:02	8:20	
22	Fri	11:58	3.0			5:48	0.0	6:01	0.1	6:03	8:19	
23	Sat	12:15	3.3	12:44	3.1	6:31	-0.1	6:52	0.1	6:04	8:19	
24	Sun	1:03	3.2	1:34	3.2	7:18	0.0	7:49	0.2	6:04	8:18	
25	Mon	1:53	3.1	2:25	3.2	8:08	0.0	8:50	0.2	6:05	8:17	
26	Tue	2:46	3.0	3:20	3.3	9:02	0.0	9:54	0.2	6:06	8:16	
27	Wed	3:42	2.8	4:20	3.3	9:59	0.1	11:01	0.2	6:07	8:16	
28	Thu	4:46	2.7	5:27	3.3	11:00	0.1			6:08	8:15	
29	Fri	5:56	2.7	6:35	3.4	12:07	0.2	12:03	0.1	6:08	8:14	
30	Sat	7:03	2.8	7:37	3.4	1:09	0.2	1:04	0.1	6:09	8:13	
31	Sun	8:03	2.8	8:33	3.5	2:07	0.1	2:03	0.0	6:10	8:12	