

Norfolk, VA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:57	2.6	9:16	3.4	3:04	0.1	2:51	0.0	5:49	8:28	
2	Tue	9:48	2.7	10:07	3.5	3:54	0.0	3:43	-0.1	5:50	8:28	
3	Wed	10:38	2.8	10:57	3.5	4:41	-0.1	4:34	-0.1	5:50	8:28	
4	Thu	11:29	2.9	11:48	3.5	5:28	-0.1	5:26	-0.1	5:51	8:28	
5	Fri			12:21	3.0	6:16	-0.1	6:20	-0.1	5:51	8:27	
6	Sat	12:40	3.4	1:16	3.0	7:08	-0.1	7:20	0.0	5:52	8:27	
7	Sun	1:35	3.3	2:12	3.1	8:02	-0.1	8:24	0.0	5:52	8:27	
8	Mon	2:30	3.1	3:09	3.1	8:56	0.0	9:29	0.1	5:53	8:27	
9	Tue	3:26	2.9	4:09	3.1	9:51	0.0	10:36	0.2	5:53	8:26	
10	Wed	4:26	2.7	5:13	3.2	10:47	0.0	11:41	0.2	5:54	8:26	
11	Thu	5:32	2.6	6:18	3.2	11:44	0.1			5:55	8:26	
12	Fri	6:37	2.5	7:16	3.3	12:43	0.2	12:39	0.1	5:55	8:25	
13	Sat	7:35	2.5	8:08	3.3	1:39	0.2	1:32	0.1	5:56	8:25	
14	Sun	8:27	2.6	8:56	3.3	2:33	0.1	2:24	0.1	5:57	8:25	
15	Mon	9:17	2.6	9:41	3.3	3:22	0.1	3:14	0.1	5:57	8:24	
16	Tue	10:02	2.7	10:22	3.2	4:06	0.1	4:00	0.1	5:58	8:24	
17	Wed	10:45	2.7	11:00	3.2	4:46	0.1	4:42	0.2	5:59	8:23	
18	Thu	11:24	2.7	11:37	3.1	5:22	0.1	5:21	0.2	5:59	8:23	
19	Fri			12:04	2.7	5:57	0.1	5:59	0.3	6:00	8:22	
20	Sat	12:15	3.0	12:43	2.7	6:31	0.2	6:40	0.4	6:01	8:21	
21	Sun	12:53	2.9	1:22	2.7	7:06	0.2	7:24	0.4	6:02	8:21	
22	Mon	1:33	2.8	2:02	2.7	7:43	0.3	8:11	0.5	6:02	8:20	
23	Tue	2:14	2.6	2:42	2.7	8:22	0.3	9:00	0.5	6:03	8:19	
24	Wed	2:57	2.5	3:24	2.8	9:03	0.3	9:53	0.5	6:04	8:19	
25	Thu	3:43	2.4	4:12	2.8	9:49	0.4	10:51	0.5	6:05	8:18	
26	Fri	4:36	2.4	5:07	2.9	10:40	0.3	11:51	0.5	6:05	8:17	
27	Sat	5:38	2.4	6:07	3.0	11:36	0.3			6:06	8:16	
28	Sun	6:39	2.5	7:05	3.2	12:48	0.4	12:34	0.2	6:07	8:15	
29	Mon	7:36	2.6	8:00	3.4	1:43	0.3	1:31	0.1	6:08	8:15	
30	Tue	8:31	2.7	8:54	3.6	2:38	0.2	2:28	0.0	6:09	8:14	
31	Wed	9:26	2.9	9:48	3.7	3:30	0.0	3:25	-0.1	6:09	8:13	