

Norfolk, VA - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:19	3.1	10:40	3.7	4:20	-0.1	4:20	-0.1	6:10	8:12	●
2	Fri	11:11	3.2	11:32	3.7	5:07	-0.1	5:14	-0.1	6:11	8:11	●
3	Sat			12:03	3.3	5:54	-0.1	6:09	-0.1	6:12	8:10	●
4	Sun	12:24	3.5	12:57	3.4	6:43	-0.1	7:08	0.0	6:13	8:09	◐
5	Mon	1:17	3.4	1:53	3.4	7:35	0.0	8:10	0.1	6:13	8:08	◐
6	Tue	2:11	3.1	2:49	3.4	8:28	0.0	9:14	0.2	6:14	8:07	◐
7	Wed	3:05	2.9	3:46	3.4	9:23	0.1	10:18	0.3	6:15	8:06	◐
8	Thu	4:03	2.7	4:50	3.3	10:20	0.2	11:24	0.3	6:16	8:05	◐
9	Fri	5:09	2.6	5:57	3.3	11:19	0.3			6:17	8:04	◐
10	Sat	6:18	2.6	6:58	3.2	12:25	0.4	12:18	0.3	6:18	8:03	◐
11	Sun	7:18	2.6	7:50	3.3	1:21	0.4	1:14	0.3	6:18	8:01	○
12	Mon	8:10	2.7	8:37	3.3	2:12	0.3	2:06	0.3	6:19	8:00	○
13	Tue	8:58	2.8	9:20	3.3	2:59	0.3	2:56	0.3	6:20	7:59	○
14	Wed	9:42	2.9	9:59	3.3	3:41	0.3	3:41	0.3	6:21	7:58	○
15	Thu	10:22	2.9	10:36	3.3	4:18	0.2	4:22	0.3	6:22	7:57	○
16	Fri	10:59	3.0	11:11	3.2	4:52	0.2	4:59	0.3	6:23	7:55	○
17	Sat	11:34	3.0	11:46	3.1	5:23	0.2	5:36	0.4	6:23	7:54	○
18	Sun			12:09	3.0	5:54	0.3	6:12	0.4	6:24	7:53	○
19	Mon	12:22	3.0	12:45	3.1	6:25	0.3	6:51	0.5	6:25	7:52	○
20	Tue	12:59	2.9	1:22	3.1	6:59	0.4	7:35	0.6	6:26	7:50	○
21	Wed	1:39	2.8	2:01	3.1	7:36	0.4	8:22	0.6	6:27	7:49	○
22	Thu	2:20	2.7	2:43	3.1	8:19	0.5	9:14	0.6	6:27	7:48	○
23	Fri	3:06	2.6	3:31	3.1	9:07	0.5	10:12	0.6	6:28	7:46	◐
24	Sat	3:58	2.6	4:27	3.2	10:02	0.5	11:16	0.6	6:29	7:45	◐
25	Sun	5:01	2.6	5:32	3.3	11:04	0.5			6:30	7:44	◐
26	Mon	6:09	2.7	6:38	3.4	12:18	0.5	12:08	0.4	6:31	7:42	◐
27	Tue	7:12	2.8	7:38	3.6	1:17	0.4	1:11	0.3	6:32	7:41	◐
28	Wed	8:10	3.1	8:35	3.7	2:13	0.3	2:11	0.2	6:32	7:40	◐
29	Thu	9:06	3.3	9:30	3.8	3:06	0.1	3:11	0.0	6:33	7:38	◐
30	Fri	10:00	3.5	10:22	3.9	3:56	0.0	4:08	0.0	6:34	7:37	●
31	Sat	10:52	3.7	11:13	3.8	4:43	0.0	5:01	-0.1	6:35	7:35	●