

Norfolk, VA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:15	2.6	5:26	2.0	11:38	0.0	11:26	-0.2	7:17	4:59	
2	Mon	6:12	2.6	6:21	1.9			12:34	0.0	7:18	5:00	
3	Tue	7:01	2.6	7:11	2.0	12:16	-0.2	1:26	0.0	7:18	5:01	
4	Wed	7:47	2.6	7:58	2.0	1:04	-0.2	2:14	-0.1	7:18	5:01	
5	Thu	8:28	2.7	8:42	2.0	1:51	-0.2	2:56	-0.1	7:18	5:02	
6	Fri	9:07	2.7	9:23	2.1	2:35	-0.2	3:34	-0.1	7:18	5:03	
7	Sat	9:43	2.6	10:01	2.1	3:14	-0.2	4:09	-0.1	7:18	5:04	
8	Sun	10:17	2.6	10:39	2.1	3:52	-0.2	4:41	-0.1	7:18	5:05	
9	Mon	10:52	2.5	11:16	2.1	4:28	-0.2	5:13	-0.1	7:18	5:06	
10	Tue	11:27	2.5	11:55	2.1	5:04	-0.1	5:46	-0.1	7:18	5:07	
11	Wed			12:03	2.4	5:44	0.0	6:20	-0.1	7:17	5:08	
12	Thu	12:34	2.1	12:41	2.3	6:28	0.0	6:57	-0.1	7:17	5:09	
13	Fri	1:14	2.1	1:22	2.1	7:17	0.1	7:37	-0.1	7:17	5:10	
14	Sat	1:57	2.2	2:06	2.0	8:11	0.1	8:22	-0.1	7:17	5:11	
15	Sun	2:45	2.2	2:58	1.9	9:11	0.1	9:14	-0.1	7:16	5:12	
16	Mon	3:42	2.3	4:00	1.8	10:18	0.1	10:12	-0.1	7:16	5:13	
17	Tue	4:48	2.5	5:08	1.8	11:25	0.0	11:14	-0.2	7:16	5:14	
18	Wed	5:53	2.6	6:13	1.9			12:28	-0.1	7:15	5:15	
19	Thu	6:54	2.8	7:14	2.0	12:16	-0.3	1:28	-0.2	7:15	5:16	
20	Fri	7:53	3.0	8:13	2.2	1:17	-0.4	2:25	-0.4	7:15	5:17	
21	Sat	8:49	3.2	9:09	2.3	2:17	-0.6	3:17	-0.5	7:14	5:18	
22	Sun	9:42	3.2	10:02	2.5	3:13	-0.6	4:06	-0.5	7:14	5:19	
23	Mon	10:33	3.2	10:55	2.6	4:07	-0.7	4:53	-0.6	7:13	5:20	
24	Tue	11:23	3.0	11:48	2.6	5:01	-0.6	5:40	-0.5	7:12	5:21	
25	Wed			12:13	2.8	5:58	-0.5	6:28	-0.5	7:12	5:22	
26	Thu	12:42	2.6	1:03	2.5	6:58	-0.4	7:18	-0.4	7:11	5:23	
27	Fri	1:35	2.6	1:52	2.3	7:59	-0.2	8:08	-0.3	7:11	5:24	
28	Sat	2:30	2.5	2:44	2.0	9:02	-0.1	8:59	-0.2	7:10	5:25	
29	Sun	3:29	2.4	3:42	1.8	10:07	0.0	9:55	-0.1	7:09	5:26	
30	Mon	4:37	2.3	4:50	1.7	11:10	0.1	10:53	-0.1	7:08	5:28	
31	Tue	5:43	2.3	5:53	1.7			12:09	0.1	7:08	5:29	