US HARBORS www.USHarbors.com

Norfolk, VA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:10	2.4	8:37	3.4	2:21	0.2	2:04	0.1	5:49	8:28	
2	Sun	9:04	2.5	9:31	3.5	3:15	0.1	3:01	0.0	5:50	8:28	
3	Mon	9:58	2.7	10:25	3.6	4:07	0.0	3:57	-0.1	5:50	8:28	
4	Tue	10:52	2.8	11:18	3.6	4:56	-0.1	4:51	-0.1	5:51	8:28	
5	Wed	11:45	2.9			5:45	-0.1	5:46	-0.1	5:51	8:27	
6	Thu	12:11	3.5	12:40	2.9	6:35	-0.1	6:45	-0.1	5:52	8:27	
7	Fri	1:05	3.4	1:37	3.0	7:27	-0.1	7:48	0.0	5:52	8:27	
8	Sat	2:00	3.2	2:34	3.1	8:19	0.0	8:54	0.1	5:53	8:27	
9	Sun	2:54	2.9	3:30	3.1	9:11	0.0	9:59	0.2	5:53	8:26	
10	Mon	3:49	2.7	4:30	3.1	10:04	0.1	11:05	0.2	5:54	8:26	
11	Tue	4:49	2.5	5:35	3.1	10:58	0.1			5:55	8:26	
12	Wed	5:54	2.4	6:36	3.1	12:08	0.3	11:53 AM	0.1	5:55	8:25	
13	Thu	6:55	2.4	7:30	3.2	1:06	0.3	12:47	0.2	5:56	8:25	
14	Fri	7:49	2.4	8:20	3.1	2:00	0.3	1:39	0.2	5:57	8:25	
15	Sat	8:40	2.5	9:06	3.1	2:51	0.2	2:29	0.2	5:57	8:24	
16	Sun	9:27	2.5	9:48	3.1	3:37	0.2	3:18	0.2	5:58	8:24	
17	Mon	10:11	2.6	10:27	3.1	4:18	0.2	4:02	0.2	5:59	8:23	
18	Tue	10:52	2.6	11:03	3.1	4:54	0.2	4:43	0.2	5:59	8:22	
19	Wed	11:31	2.7	11:38	3.0	5:28	0.2	5:21	0.3	6:00	8:22	
20	Thu			12:09	2.7	6:00	0.2	5:59	0.3	6:01	8:21	
21	Fri	12:14	2.9	12:47	2.7	6:32	0.2	6:39	0.4	6:02	8:21	
22	Sat	12:51	2.8	1:26	2.7	7:05	0.3	7:23	0.4	6:02	8:20	
23	Sun	1:30	2.7	2:04	2.8	7:40	0.3	8:10	0.5	6:03	8:19	
24	Mon	2:10	2.6	2:43	2.8	8:17	0.3	9:01	0.5	6:04	8:19	
25	Tue	2:52	2.5	3:26	2.9	8:59	0.3	9:55	0.5	6:05	8:18	
26	Wed	3:39	2.4	4:16	2.9	9:45	0.3	10:55	0.5	6:05	8:17	
27	Thu	4:34	2.3	5:14	3.0	10:40	0.3	11:58	0.4	6:06	8:16	
28	Fri	5:39	2.3	6:18	3.2	11:40	0.3			6:07	8:15	
29	Sat	6:45	2.4	7:19	3.3	12:58	0.4	12:42	0.2	6:08	8:15	
30	Sun	7:45	2.5	8:18	3.5	1:57	0.3	1:43	0.1	6:09	8:14	
31	Mon	8:44	2.7	9:15	3.6	2:54	0.1	2:45	0.0	6:09	8:13	