



Norfolk, VA - Mar 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:18 | 3.0 | 10:38 | 3.1 | 4:07 | -0.5 | 4:24 | -0.5 | 6:35 | 5:59 | ☀ |
| 2 | Sun | 11:03 | 2.9 | 11:26 | 3.2 | 4:55 | -0.4 | 5:07 | -0.4 | 6:33 | 6:00 | ☀ |
| 3 | Mon | 11:51 | 2.8 | | | 5:48 | -0.3 | 5:53 | -0.4 | 6:32 | 6:01 | ☀ |
| 4 | Tue | 12:17 | 3.1 | 12:41 | 2.6 | 6:45 | -0.2 | 6:44 | -0.3 | 6:31 | 6:02 | ☀ |
| 5 | Wed | 1:11 | 3.0 | 1:34 | 2.4 | 7:47 | 0.0 | 7:42 | -0.2 | 6:29 | 6:03 | ☀ |
| 6 | Thu | 2:10 | 2.9 | 2:32 | 2.2 | 8:53 | 0.1 | 8:45 | -0.1 | 6:28 | 6:04 | ☀ |
| 7 | Fri | 3:17 | 2.7 | 3:41 | 2.1 | 10:04 | 0.2 | 9:56 | 0.0 | 6:26 | 6:05 | ☀ |
| 8 | Sat | 4:41 | 2.6 | 5:03 | 2.1 | 11:14 | 0.2 | 11:09 | 0.0 | 6:25 | 6:06 | ☀ |
| 9 | Sun | 6:57 | 2.6 | 7:13 | 2.2 | | | 1:16 | 0.2 | 7:23 | 7:07 | ☀ |
| 10 | Mon | 7:56 | 2.7 | 8:11 | 2.4 | 1:14 | 0.0 | 2:09 | 0.1 | 7:22 | 7:08 | ☀ |
| 11 | Tue | 8:45 | 2.7 | 9:00 | 2.6 | 2:12 | 0.0 | 2:56 | 0.1 | 7:21 | 7:09 | ☀ |
| 12 | Wed | 9:27 | 2.7 | 9:43 | 2.7 | 3:04 | -0.1 | 3:37 | 0.0 | 7:19 | 7:09 | ☀ |
| 13 | Thu | 10:04 | 2.8 | 10:21 | 2.8 | 3:49 | -0.1 | 4:12 | -0.1 | 7:18 | 7:10 | ☀ |
| 14 | Fri | 10:37 | 2.7 | 10:56 | 2.9 | 4:29 | -0.1 | 4:44 | -0.1 | 7:16 | 7:11 | ☀ |
| 15 | Sat | 11:10 | 2.7 | 11:28 | 2.9 | 5:05 | -0.1 | 5:13 | 0.0 | 7:15 | 7:12 | ☀ |
| 16 | Sun | 11:43 | 2.6 | | | 5:40 | 0.0 | 5:41 | 0.0 | 7:13 | 7:13 | ☀ |
| 17 | Mon | 12:01 | 2.9 | 12:17 | 2.5 | 6:14 | 0.0 | 6:10 | 0.1 | 7:12 | 7:14 | ☀ |
| 18 | Tue | 12:34 | 2.8 | 12:53 | 2.4 | 6:50 | 0.1 | 6:42 | 0.2 | 7:10 | 7:15 | ☀ |
| 19 | Wed | 1:11 | 2.7 | 1:30 | 2.3 | 7:29 | 0.2 | 7:19 | 0.2 | 7:09 | 7:16 | ☀ |
| 20 | Thu | 1:50 | 2.6 | 2:11 | 2.2 | 8:14 | 0.3 | 8:03 | 0.3 | 7:07 | 7:17 | ☀ |
| 21 | Fri | 2:34 | 2.6 | 2:55 | 2.1 | 9:04 | 0.4 | 8:55 | 0.3 | 7:06 | 7:18 | ☀ |
| 22 | Sat | 3:25 | 2.5 | 3:47 | 2.0 | 10:03 | 0.5 | 9:56 | 0.4 | 7:04 | 7:18 | ☀ |
| 23 | Sun | 4:26 | 2.5 | 4:52 | 2.1 | 11:08 | 0.5 | 11:05 | 0.3 | 7:03 | 7:19 | ☀ |
| 24 | Mon | 5:37 | 2.6 | 6:04 | 2.2 | | | 12:10 | 0.4 | 7:01 | 7:20 | ☀ |
| 25 | Tue | 6:43 | 2.7 | 7:06 | 2.4 | 12:13 | 0.2 | 1:04 | 0.2 | 7:00 | 7:21 | ☀ |
| 26 | Wed | 7:39 | 2.9 | 8:00 | 2.7 | 1:15 | 0.1 | 1:54 | 0.1 | 6:58 | 7:22 | ☀ |
| 27 | Thu | 8:31 | 3.0 | 8:50 | 3.0 | 2:13 | -0.1 | 2:42 | -0.1 | 6:57 | 7:23 | ☀ |
| 28 | Fri | 9:20 | 3.1 | 9:39 | 3.3 | 3:09 | -0.2 | 3:28 | -0.2 | 6:55 | 7:24 | ☀ |
| 29 | Sat | 10:09 | 3.2 | 10:28 | 3.5 | 4:02 | -0.3 | 4:13 | -0.3 | 6:54 | 7:25 | ☀ |
| 30 | Sun | 10:56 | 3.1 | 11:16 | 3.6 | 4:52 | -0.4 | 4:57 | -0.3 | 6:53 | 7:25 | ☀ |
| 31 | Mon | 11:44 | 3.0 | | | 5:42 | -0.3 | 5:42 | -0.3 | 6:51 | 7:26 | ☀ |