








## Norfolk, VA - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:16	2.4	3:52	2.9	9:22	0.5	10:34	0.6	6:11	8:11	
2	Sat	4:06	2.2	4:45	2.8	10:09	0.5	11:32	0.6	6:11	8:10	
3	Sun	5:05	2.2	5:46	2.8	11:02	0.6			6:12	8:09	
4	Mon	6:10	2.2	6:44	2.9	12:27	0.6	11:59 AM	0.5	6:13	8:08	
5	Tue	7:08	2.3	7:36	3.0	1:18	0.6	12:55	0.5	6:14	8:07	
6	Wed	7:59	2.4	8:23	3.1	2:06	0.5	1:47	0.4	6:15	8:06	
7	Thu	8:46	2.6	9:08	3.3	2:51	0.4	2:39	0.3	6:16	8:05	
8	Fri	9:32	2.7	9:51	3.4	3:33	0.3	3:28	0.2	6:16	8:04	
9	Sat	10:15	2.9	10:32	3.4	4:12	0.2	4:15	0.2	6:17	8:03	
10	Sun	10:56	3.1	11:13	3.4	4:50	0.1	5:00	0.1	6:18	8:02	
11	Mon	11:39	3.3	11:56	3.3	5:27	0.0	5:46	0.1	6:19	8:01	
12	Tue			12:23	3.4	6:06	0.0	6:36	0.2	6:20	8:00	
13	Wed	12:42	3.2	1:11	3.5	6:48	0.0	7:32	0.2	6:21	7:58	
14	Thu	1:30	3.1	2:01	3.5	7:35	0.1	8:32	0.3	6:21	7:57	
15	Fri	2:22	2.9	2:55	3.5	8:27	0.1	9:36	0.4	6:22	7:56	
16	Sat	3:16	2.7	3:54	3.4	9:24	0.2	10:44	0.5	6:23	7:55	
17	Sun	4:19	2.6	5:04	3.4	10:28	0.3	11:53	0.5	6:24	7:54	
18	Mon	5:33	2.6	6:20	3.4	11:37	0.3			6:25	7:52	
19	Tue	6:47	2.6	7:26	3.4	12:58	0.4	12:44	0.3	6:25	7:51	
20	Wed	7:51	2.8	8:24	3.4	1:56	0.4	1:47	0.3	6:26	7:50	
21	Thu	8:48	3.0	9:15	3.5	2:49	0.3	2:46	0.2	6:27	7:48	
22	Fri	9:39	3.1	10:00	3.4	3:37	0.2	3:40	0.2	6:28	7:47	
23	Sat	10:25	3.2	10:40	3.4	4:19	0.2	4:28	0.2	6:29	7:46	
24	Sun	11:07	3.3	11:18	3.3	4:56	0.2	5:11	0.3	6:30	7:44	
25	Mon	11:46	3.3	11:55	3.1	5:30	0.2	5:53	0.3	6:30	7:43	
26	Tue			12:24	3.3	6:02	0.3	6:34	0.4	6:31	7:42	
27	Wed	12:32	3.0	1:01	3.3	6:35	0.4	7:17	0.5	6:32	7:40	
28	Thu	1:11	2.8	1:40	3.2	7:09	0.5	8:03	0.6	6:33	7:39	
29	Fri	1:52	2.7	2:21	3.1	7:46	0.6	8:52	0.7	6:34	7:37	
30	Sat	2:36	2.5	3:04	3.0	8:29	0.7	9:46	0.8	6:34	7:36	
31	Sun	3:23	2.4	3:55	3.0	9:19	0.7	10:45	0.8	6:35	7:34	